

Get Up and Go! Tours

Active, Informative, Fun!

Alaska Multi-Sport / Hiking & Family Adventure Tours

Toll Free Tel/Fax: 1.888.868.4147 or 1.907.245.0795

Email: alaska@getupandgotours.com

Mail: PO Box 91028, Anchorage, Alaska 99509-1028, USA

Alaska 2017 Online Brochure / Website: www.getupandgotours.com

GG! ALASKA REFERENCES & TESTIMONIALS

The following former **Get Up & Go! Tours** clients have volunteered to serve as references for us.

Please feel free to email any or all of them about their Alaska experience with **Get Up & Go! Tours** (please write "**Get Up & Go! Tours Alaska Reference**" in the subject line to make sure they read it).

Please also look us up on **Trip Advisor**: (Search: Get Up and Go! Tours, Anchorage):

http://www.tripadvisor.com/Attraction_Review-g60880-d1865774-Reviews-Get_Up_and_Go_Tours-Anchorage_Alaska.html

"Hi Geoff!!! We can't thank you enough for the great tour and even greater guides.... Thanks a thousand times for (Get Up and Go! guides) Sophie & Fiona!!! They are perfect!... We really can't say enough about them!... We appreciate everything about your company.

"Go with Get Up and Go, you won't regret it!"

–Judy Ekman, Greenfield Center, NY; judyekman@gmail.com; *Alaska Family Explorer* private lodge tour, 2017

"Geoff - I wanted to let you know that you can use my information for references for Get Up and Go. I was actually recommending you today to a friend who is taking a trip next year.

"I am actually thrilled to recommend Get Up and Go. Our experience was amazing and it made me wish Get Up and Go did trips around the world because I would use your services again in a heartbeat!

"I have been around the world and was amazed by Alaska. If we hadn't used Get Up and Go, I think we would have missed out on so much,... they know what you can fit in, make sure you are on time, and expose you to as much as possible. I have never done a guided trip but actually started looking into them after this trip because I felt like we (as a family) got so much more out of it than we would had we tried to do it on our own."

–Wendy Lewis, Boulder, CO. wlewis95@yahoo.com *Alaska Family Explorer*, 2017.

"I wanted to let you know that (we all) had a great time on the trip and really enjoyed it. Amazing place. Beautiful and a lot of variety.

"(Your guide) Ray did a great job! Always had a very good attitude under some very high demands and tough conditions for him. He has a high level of emotional intelligence. A real asset.

"Thank you very much!" –David Eisenberg, Alameda, CA; deisenberg59@gmail.com; *Alaska Explorer* lodge tour, 2017

"Geoff, Just wanted to let you know that we had an exceptional time in Alaska! Thank you so much for giving us such a great adventure.

"(Get Up and Go! guide) Sophie was awesome and I can't say enough great things about her. She was so accommodating and bent over backwards to make sure we had a wonderful time. We all consider her a friend now and look forward to staying in touch.

"You and your team are doing a great job! I'm telling everyone who is thinking about Alaska that they need to do it with Get Up & Go! Take care, Joe" –Joe Diggins, Sewickley, Pennsylvania; jhdiggins@comcast.net; *Alaska Family Explorer*

"I just wanted to let (your guides) Cheryl and Clayton know that we had an amazing trip and we are very grateful for your knowledge, skills and great cooking! Everything was well coordinated and lots of fun. Zac and I have wonderful memories of Alaska and we can't wait to return in the future. Truly a five-star experience!

"Thanks," --Leanne and Zac Cusack, Australia; lcusack@aapt.net.au; *Alaska Family Explorer*, 2017

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“Hi Geoff, I had the greatest pleasure of being on your Alaska Explorer adventure tour with Rebecca as my guide from July 28, through August 6. I cannot sing Becca's praises enough. Her tireless leadership, energy and enthusiasm, not to mention her gourmet cooking, were all par excellence.

“Once again, thanks for the great Alaska adventure.” –Dan Rosenbaum, dnlrosenbaum@gmail.com; Alaska Explorer

“We are home safe from the Alaska Family Explorer camp and cabin and what an amazing trip. Will post reviews when I have time, but just wanted to mention how fantastic both (our guides) Sophie and Erin were. From the start in magical Denali, to the lovely lodge, and to the end in Seward where we battled through some tough rain on the last days everything went well and was well taken care of. Both guides were particularly skilled at getting the five shy-ish kids in the party to interact which made the entire trip a treat.

“To be honest I was worried about camping and my gluten-free food situation but it worked out perfectly and I did not have may incidents during the trip (which is rare). Both your guides were very open about letting me check ingredients, and the meals were also adapted to the various picky kids.

“Awesome job on the tour itinerary and optional activities as well. You should add another family tour to the repertoire as we are now hooked on Alaska.

“Best wishes and thanks again” –Jaqui Hodgkinson, Potomac, MD jaqui.hodgkinson@elsevier.com Alaska Family Explorer

“Just wanted you to know what a wonderful experience I had during my first Get Up and Go! tour last week.... Sophie and Erin were wonderful - very professional and very available, both physically and emotionally (something I have not experienced with different tours) - the sites, food and various activities were exceptional, and the other participants were great to be with. I will certainly recommend your tour group to others. I don't normally write comments post-trip but wanted you to know that those women are gems :)”

–Jennifer Pierson, Colorado, muti5@yahoo.com; Alaska Family Explorer

“My sister (Sheila Apicella) and my friends, John Reames and Donna White, and I were on your Alaska Explorer lodge tour. Phil Norris was our guide. I am writing to let you know that the last week's trip was the best vacation of my life!

“John, Sheila, Donna and I were slightly anxious about booking another guided trip after we were disappointed with a guided tour in Iceland and Greenland that we took last summer. The experience that we had with your company was the complete anti-thesis of that one.

“First and foremost, Phil is an outstanding guide. He is both professional and personable. Even when faced with certain extraordinary circumstances, ie assisting Donna leave the trip two days early due to an unexpected death and the ferry cancelation in Valdez, Phil maintained his composure and handled situations with complete competence. Phil's knowledge of 'all things' Alaska was quite impressive, as well as his overall intelligence. The combination of his intelligence and sense of humor made even the longer travel days enjoyable. I would absolutely want Phil to be my guide on any future trips I take (anywhere in the world)!

“In addition, the trip was incredibly well organized. The itinerary permitted us to experience so many wonderful places and yet I never felt as if we were under strict timing deadlines. The balance of the activities scheduled was well coordinated, i.e. alternating hiking and water activities; although we were active most of the time I didn't feel tired in terms of overdoing any one activity.

“I am also impressed with the accommodations at the various lodges in which we stayed. Each lodge was staffed by kind and courteous people, as well as being clean. The food that was served in the lodge restaurants was fresh and well prepared.

“Please feel free to refer potential travelers to me as a reference for your company as well as Phil. I would be honored to tell them about the best trip of my life.

“Thank you again for the outstanding trip. Warmest regards”

--Denise Apicella, ddapicella@gmail.com cell: [917-287-8118](tel:917-287-8118). Alaska Explorer

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“Dear Geoff, Now that we are back in England, it's still difficult to fully take in all the wonderful things we experienced in our Alaskan adventure. I wanted to take this opportunity to thank you for what was the best family vacation EVER. Everything turned out perfectly and we were so lucky we even saw the Northern Lights one night in Hatcher's Lodge.

“Your guide Heather was simply outstanding. She was so organised, responsive to our needs and requests, dealt with issues so well, and made all of us feel wonderful. My kids loved her.

“Alaska is an amazing state full of incredible scenery and wonderful wildlife. Thanks to Get Up & Go Tours and Heather we were able to experience and enjoy everything Alaska has to offer to the fullest. Please feel free to use any of my comments on your website or as reviews to other customers. I couldn't speak of any operator more highly.

“Best regards and many thanks again.” –Guy Slimmon, London, England; guy.slimmon@gmail.com; custom/private tour

“Had a wonderful week (on your Alaska Ranger tour). (Your guides) Rebecca and Dave did a great job and our group couldn't have been more perfect! Will definitely recommend you to others... add me to your testimonial list.”

–Kathy Averill, Pocono Pines, PA, kaverill142952@gmail.com; Alaska Ranger

“The June lodge-based Family Explorer was great and my son and I had a wonderful time. Thank you again for a great trip! The activities really encompassed the spirit of Alaska and our friends back in Florida can't believe the photos we took.

“We thoroughly enjoyed the tour activities on the Alaska Family explorer and it was fun for my son to have other teens on the trip. Every GU&G activity really added to our overall Alaska adventure, and complimented our activities before and after the GU&G tour. We had both (GG! guides) Dave and Phil on our tour, too, which was an added bonus!”

–Sandy Piira, Winter Springs, Florida, sandypiira@gmail.com; Alaska Family Explorer

“Hey Geoff, Just wanted to let you know that (your guides) Ryan and Terrance were amazing and we really enjoyed our vacation and appreciate Terrance and Ryan for all their efforts. Special thanks to you for booking us on this tour.

“Thanks,” Lavanya Chimirala & Veera Koppula, Alpharetta, Georgia, lavanya.chimirala@gmail.com; Alaska Explorer

“Just wanted to thank you guys for a life changing experience. Alaska, and your guides, Terrence & Cheryl have changed my life! Those two free spirits unleashed something in me that was hankering to get out for years. Alaska is now in my blood and I am a better man for it. Thanks guys!”–Ben Meyer, Plover, WI, bjohnmeyer@gmail.com; Mountains & Glaciers

“Hi Geoffrey, We just finished your last (of the season) 10-Day Alaska Explorer with (your guide) Phil. I just wanted to say we had an absolute blast and Phil and Chad were both fantastic guides! We loved the program/schedule and despite it getting quite cold at one point, we enjoyed every second!

“Thank you so much for putting together such a wonderful experience, and picking great guides! We will definitely recommend you to anyone interested in really experiencing Alaska.

“I put together a short video with our trip highlights and thought you'd like to see it: https://youtu.be/asdcC_88xMc - feel free to use it/share it, or not. Just thought I'd pass it your way since it's 100% filmed during our 10 days with Get Up and Go!”

–Andrea Nysen, San Jose, CA: andrea.nysen@gmail.com; Alaska Explorer

“Hi Geoff, (My sister) Kate and I had a great time on our trip! Feel free to add me to your reference list!”

–Erin Yetter, St. Paul, MN; eyetter@wisc.edu; Kenai Explorer

“Just wanted to thank you guys for a life changing experience. Alaska, and your guides, Terrence & Cheryl have changed my life! Those two free spirits unleashed something in me that was hankering to get out for years. Alaska is now in my blood and I am a better man for it. Thanks guys! Best wishes, Ben”

–Ben Meyer, Plover, WI, bjohnmeyer@gmail.com; Mountains & Glaciers

“Just completed the Alaska Ranger tour and thoroughly enjoyed the experience. We got the opportunity to experience Alaska, whitewater rafting, canoeing, trekking on the glacier and ice climbing. The camping was great and the meals were excellent. Dave was a great and knowledgeable guide. Would go again!”

–Lynn Morris, Goshen, Indiana, llmorris@comcast.net; Alaska Ranger

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"I just wanted to send you a thank you from my daughter and myself, for the best holiday ever! We absolutely loved every minute of our tour, and your guides Sophie and Cheryl are two amazing ladies!! We loved Alaska and know we have to go back again, as 10 days is nowhere near long enough. The tour was fantastic and a really good mix of things to see and do, and Sophie and Cheryl made the best meals for us, we were so spoilt. I hope to travel with Get up and Go! again in the future.

"Thanks Again!!" --Paula and Jasmine Taylor, Australia, paulamtaylor@hotmail.com; Alaska Explorer

"My son, Spencer, and I had a fabulous time on our Alaska Explorer trip June 27 - July 6th. (Get Up & Go! Tours guide) John was an extraordinary guide and really showed us a great time. It was so much fun to not only see different parts of Alaska, but to experience them through hikes, kayaks, rafting, canoeing, ice climbing and exploring. We both had a blast and I couldn't have asked for a better experience.

"John was fantastic, and legendary. His cooking is phenomenal and he always made sure we were having a great time. John truly knows a lot of history in Alaska, and it was great to meet so many people that knew him in all different parts of the state.

"McCarthy was truly sensational. The town and activities there were amazing. I am really glad that was part of the trip. I hope to go back there some time. I really liked Brad's cabins and would stay there again.

"Thanks for all your help in planning this trip, and we had a great time. I hope to share some pictures once we get our photos organized. I tried to get some of John in action so you could put them on your website.

"Thanks again"—David Douglas, Issaquah, Washington, Alaska Explorer

"Just wanted to pass on that we had an awesome vacation with (Get Up and Go! Tours guide) Heather and Get Up and Go! We all adored (our guide) Heather, and really enjoyed every activity we did.

"Also wanted to see if I could cajole you out of a few recipes. I could eat the red noodle / balsamic / ginger salad DAILY! Any way you could share that recipe with me? Also, Thomas and I had to fight off the non-gluten-free people from the chocolate chip cookies you baked for us - they were phenomenal! (Ask Heather how long it took two people to polish them off!). Again, any chance you'd share the secret? And if sharing recipes is kosher, I'd also love the kale salad recipe. Guess you can tell we loved the food. :)

"BIG Smiles," --D'Ann Drennan, Grandview, Texas, dndiva@me.com; Alaska Family Explorer

"Hi Geoff, Just wanted to send a quick email to let you know how much I loved the Alaska Explorer tour. The trip was absolutely incredible and I was blown away by the beauty, diversity and enormity of the Alaskan landscape. Our group was great and we were fortunate to have perfect weather and unhindered views of Denali. A big thanks to John who was a fantastic guide. He was very knowledgeable and passionate about Alaska, patient with our endless questions but most of all great fun. Hopefully I will have the opportunity to return to Alaska again in the not too distant future."

--Nadine Judge, Australia. Alaska Explorer lodge tour

"I just came back from the Kenai Explorer trip and had a great time. I would certainly recommend Get Up & Go to anyone planning a trip to Alaska. Feel free to give me e-mail address to anyone who is considering a trip and wants to hear from someone who has recently gone on a trip through your company."

--Joel Wright, Waco, Texas. jugglertx@grandecom.net; Kenai Explorer

"Geoff, I just wanted to thank you again for helping us plan the most fantastic Alaskan vacation EVER! We had the best time the ENTIRE two weeks we were there! The weather was beautiful the whole time, which certainly helped, but we LOVED having a new adventure every day! Our trip highlights were ice climbing, sea kayaking through icebergs, hiking up to Bonanza mine and Harding Ice field and seeing a TON of wildlife. Our children loved every moment. We enjoyed the other families on our 2nd week adventure and our guides were amazing. Our pictures are PHENOMENAL! I'll send you some highlights.

"Thanks again for all of your help and we look forward to visiting again soon! Fondly, Thea"

—Thea Fitzgerald, Greensboro, NC. Tfitzgerald1@triad.rr.com; Alaska Family Explorer, and a custom, private trip.

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“Hey, Geoff. Just wanted to send ya a quick note to tell u what an incredible time our family had on our tour. (Your guides) Pete and Cheryl were fantastic and the adventures were awesome. Thanks for an amazing vacation.”

–**Mitzi Schepps, Marietta, GA; *Alaska Explorer***

“Hi Geoff, I can't begin to tell you how nice a time we had, and how much we enjoyed the trip. All of the things that we got to do, and all of the places we went to, the scenery was just amazing...so many mountains, so many glaciers, so many water falls...the list just goes on and on. I think that the highlights for me were the plane ride to McCarthy (I got to be copilot), and the hike to the Bonanza mine.

“Our guide Jen P was just wonderful. She took really good care of us, had a wealth of information that she willingly shared...just can't say enough good things about her.

“We are still going thru all of the pictures we took and enjoying the views all over again. Thanks, Mark”

–**Mark Muzzi, Townsend, MA, markmuzzi@yahoo.com; *Alaska Explorer***

“Dear Geoff, Karen and I want to thank you for your part in making the August 23 Alaska Explorer lodge tour such a great success; it was almost perfect. (Your guide) Erin is the greatest tour guide in the world; she did everything one could ask, shepherding us around with wonderful anticipation of our needs. She could answer our questions about Alaska, provide tasty lunches, and was always in good humor and enthusiastic. She even kept her cool in the relatively few times we four participants were a pain. It helped that we were such a small group; it seemed we had a private tour. It also helped that we experienced only one mosquito, and the weather cooperated wonderfully - not one outing where it rained except for the kayaking in Valdez. The light rain and cold at the glacier was good in helping us experience Alaskan weather!”

“There was not a cloud in the sky on the gorgeous day we experienced Mt. McKinley. All the specialist guides - in river rafting, kayaking, tromping on the Root Glacier, and tromping atop the Root Glacier were just great. Even the guy who flew us over the Root Glacier and into McCarthy was very special: he pointed things out for us and clearly loved his job piloting people about. We even saw a modest display of northern lights one night at the McKinley Creekside Cabins.

“...we had a miraculous tour. Our memories will last a lifetime.

“By all means, include Karen and me on your Testimonial/Reference list. We will provide a glowing account. We will also post on Trip Advisor. Karen and I are telling everyone who will listen what a remarkable tour we had with Get Up and Go! Tours. It was truly unforgettable.” –**Angelo Douvos, Berkeley, CA, douvos@sbc.net; *Alaska Explorer* lodge tour**

“Hello Geoff, Shelley and I had a wonderful time. The itinerary was great (and true to your description). We noticed that each day was better than yesterday (doing Denali first seemed unintuitive, but was just right). The weather was ideal. With the long days and no cell service I lost all track of time: a real vacation. Mike and Michelle (the other couple) were great as well. I am confident that we will stay in touch and visit again.

“And (your guide) Jennifer P was simply amazing. Ask her what we called her. It really says it all.

“I could go on and on with praise, and am happy to do so, but don't want to bore you. You should know that this trip was redemption for a winter trip we took in which many, avoidable, things went wrong and people, including the tour organizer went on drunken benders for which they were unapologetic. We are still seeking refund for a lost reservation seven months later. I am telling you this so you know how much I appreciate what you do behind the scenes and what Jenn did every day.

“So, how can we help you? I am happy to post on travel sites, show you our photos, or other things to get the word out. I keep a detailed diary (keeps the memory fresh) so I can answer any subjective/objective questions you may have.

“OK, I can't resist, I need to talk more about Jenn. She took great care of us in so many ways, and made it look easy. Lunches were delicious, and quaint in the paper bags like going off to elementary school (I didn't feed my kids that well). We renamed the tour “Sit Down and Eat.” Her navigation, driving, and execution were near perfect. She read our personalities so well that we all laughed and joked as long-time friends. The few times that she wasn't with us, we missed her (and forgave her if she enjoyed the alone time).

“A subtle skill that I noticed is that she knew who needed her attention without making a scene about it. For example, she would hike with the person who was hurting, engage in unrelated conversation, thereby distracting and keeping them moving. I expect she had a Plan B or C if it got more serious. I know she worked hard, I hope she had a good time.

“Sincerely, Dennis (and Shelley)” Dennis Lindenberg, Northborough, MA, uncletennis@charter.net; *Alaska Explorer*

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“Hi Geoff - we were on the Lodge-based Alaska Explorer with (your guide) Terrance (June 28th trip). HE WAS TERRIFIC! We really enjoyed his leadership, company, (food), knowledge. He's a gem. Just an FYI for you to know.”
–Leslie Nelken, Needham, MA, leslie@btchaser.com; **Alaska Explorer**, lodge tour

“Geoff, We wanted to take a moment of your time to let you know what a wonderful adventure we had. The trip was well planned out and included a snippet of a little bit of what Alaska has to offer. We would highly recommend this trip and appreciate the time and effort made.

“Mike and I have been on many adventures together and have to admit that this was one of the best trips we have been on. Our group was small, which allowed us to become more like a family.

“Your guide Jen P was our Alaskan mom! It was great to have such an amazing guide. She was extremely knowledgeable and well versed. She was a big hit with all of us. The lunches were great and please extend a big thank you to Jen for making our trip extra special by being so genuine and caring.

“Even with Mike not feeling well the first few days--our adventure with Get Up and Go! was amazing. We celebrated our 11th year anniversary together with our new found friends and Alaskan mom (although more like a friend).

“We will never forget our adventure and hope to see Jen in the near future. Once we arrive back home-we will share some great photos.

“Thank you Get Up and Go! Michele and Mike who have now Get Up and Gone!”

–Michele Bradvareic, Palm Bay, FL, manmbrad@gmail.com; **Alaska Explorer** lodge trip

“Dear Geoff, Just wanted to thank you for a wonderful holiday. John was a fantastic guide and the tour exceeded all our expectations. We particularly enjoyed the flight and the ice climbing and liked the accommodation at Denali.

I have already started recommending you to our friends and I know a small travel agency which I will also recommend you to.

“Again thanks for a great holiday.”

–Heather Shanahan, Kingston, Surrey, UK, heather.shanahan@btinternet.com, **Alaska Explorer** lodge trip

“Hello Jeff, Just thought I would write and let you know what a great trip that Amanda and I had with your tour. We had a small group but we really liked that. Terrence was an excellent guide and well skilled with all that he needed to do. We just had great weather and an awesome time.”

“Thanks again,” Barry McKeown, Abbotsford, BC, Canada, barry_mckeown@yahoo.com; Alaska Explorer

“I just wanted to thank you again for the great time we had in Alaska. It was everything we hoped it would be. (Get Up and Go! Tours guides” Sophie and Pete did a wonderful job of showing us what the real Alaska is like. I appreciate the warmth you extended to all of my family. It's obvious you enjoy doing it. Sam and Leo will telling their friends and talking about the experience for some time.

“Take care and good traveling,” –Paul Mod, Chicago, IL. Alaska Family Explorer

“Hi Geoff, Just wanted to let you know that our family had a wonderful trip to Alaska with Get Up & Go Tours! (Your guide) Suzie took good care of us...she was very knowledgeable, helpful and flexible. We really enjoyed all of the hikes, the scenery (which we could enjoy because Susie was driving), the glacier trek (we felt like we were on the moon), the kayaking and most importantly for my husband and son, the fishing charter! Please let Susie know that my husband was able to score some of the American made rubber boots and we are enjoying our salmon catch. Thanks to both you & Susie for a great trip! The Robakowski Family. P.S. Special thanks for not cancelling our trip since we were the only family on this tour.”

–Ed R, Chicago, IL. **Alaska Family Explorer**,

“Geoff, I just wanted to send a quick email to let you know what an incredible time we had on our 10-day Alaska Explorer tour. All the activities were truly amazing, the Alaskan wildlife and landscape are truly breathtaking – we've all ran out of adjectives, because mere words just aren't enough to describe Alaska and all we experienced. It was everything we wanted in our vacation...we truly couldn't ask for more.

“Most importantly, all these activities were wonderfully managed by (your guide) the great John Hemmeter. What a guy!!! I'm sure he is exhausted from us...we were a scrappy group! But seriously, John was the perfect fit for us. From the

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scheduling to the FOOD (he nailed it!) to the wonderful, wonderful excursions and his knowledge of all the areas, John was the consummate guide. His authentic love of Alaska shown through it all and I think that is what made the trip so special. It is a great experience to be in the presence of someone who truly loves what he does – and is so good at it.

“Thank you, thank you, thank you.... on behalf of our group, we really appreciate all your and John’s hard work.

“Best,” --Rita Garza, New York, New York, ritagarza@optonline.net; Alaska Explorer lodge tour

“I just wanted to tell you how exciting our adventure was. We could not have had a better experience than we had with Get Up and Go Tours. The guide, Dave, was excellent. You should be very proud of what your company has to offer. I would, without reservation, recommend your company to anyone who wants to experience Alaska.

“Once again, many thanks,” --Dennis and Gayle Brandon, Wilmington NC, dbran10344@aol.com; Alaska Explorer

“Hey Geoff, Just back from a FANTASTIC week on your tour, we just wanted to offer our praise and gratitude while the experience is fresh. From start to finish it was an excellent trip, beginning with the talents and approach of (Get Up and Go! Tours’ guides) Dave and Terrance, continuing with the superb itinerary, owing also to our compatibility with the Starr family, and including all of the intangible, unpredictable, unplanned, and value-added aspects of the overall Get Up and Go! Alaska Family Explorer experience.

“A few items of note:

- Dave’s cooking was extraordinary - tasty, plenty, timely*
- He and Terrance handled each person/experience with utmost patience and professionalism*
- They added much with their vast knowledge of Alaska, flora, fauna, people, places, etc.*
- The itinerary was perfect - diverse, great mix of places and activities*
- Pace was just right - keeping good and busy doing fun stuff, with some downtime as well*
- OPTIONAL ACTIVITIES were wonderful mix and we enjoyed each of them so much*
- No frills, and yet no corners cut - we were comfortable without cushy, just what we came for*
- So much more...hikes!-glaciers-campgrounds-LODGE!!!-laughs...*

“It’s late now, and we are still tired from all of the fun and excitement of the trip, and we are catching an early shuttle to the airport to fly home, so I will end this with a plan to write more specifics when I have more time. Suffice to say that we are very satisfied customers, would happily provide testimonials and talk to potential clients and recommend this trip HIGHLY, and we’ll tell Trip Advisor and others about our great experience from start to finish...

(Did we mention that we took your advice and flew in to Juneau and hiked there and then took the ferry up to Haines and had a wonderful time there? Thanks for adding value in that way.)

“BRAVO! And thanks again to you and the others for everything that made this a memorable and truly positive summer vacation.

“Be well and stay in touch. Gratefully, --Doug Gertner, Maggie Miller, Jordy Gertner, Colorado, doug@emuconsulting.com; 303-886-4114; Alaska Family Explorer

“Hi Geoff, I wanted to let you know that we had such a blast with Get Up and Go! Alaska Tours. (Your guides) Jen and Terrence were great, so knowledgeable, personable and fun. They did a great job of setting an upbeat environment that easily permeated throughout the group and allowed us all to quickly bond amongst the diversity of our backgrounds and home towns.

“All of our excursions were arranged and executed flawlessly and we had the added blessing of excellent weather to truly make each day an exceptional experience. My husband Kevin and I would recommend Get Up and Go! to anyone who aspires to visit and actively explore Alaska. When we have shared how much fun we had with family and friends, we are often asked, ‘would you do it again?’ And, we have replied ‘Yes as it was awesome experience!’

“Thanks for everything!” --Kim and Kevin Kehoe, Smyrna Beach, FL, Alaska Explorer

“Mike, Gerry and I had a great time on our trips with you. The food was very good and plentiful. I even gained weight despite all our activity. The activities were great fun and the wide variety made the trip even more exciting. We’ll all have lifetime memories from this trip. Dave was a great guide who knew everything important and who is a very good cook.... it was a

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really great trip and a great value for the price. We appreciate it that you made the trip even though our party was below your normal minimum. We really appreciated Dave's making cupcakes with candles for Gerry's birthday and giving him an Alaska hat. That was special. The dinner at Majestic Valley Lodge was, well, majestic!! As was the breakfast. Thanks a lot for that luxury. I'll be happy to recommend **Get Up and Go!** to anyone considering an adventure tour in Alaska.

"Thanks again for an unforgettable trip". –Gil McGurl,; zephyrglen@comcast.net; **Alaska Ranger & Kenai Explorer**

"I just wanted to send you a quick note to let you how much fun we had on our trip with (your guides) Erin and Dave. We truly feel like we got a taste of Alaska, and experienced so many great outdoor activities during our week. Erin and Dave were both terrific about accommodating our boys' extra sense of adventure, and they kept us on a tight schedule without ever making us feel rushed. The food was yummy, and ample- even for my hungry boys. I am just thrilled that we chose to spend our Alaska vacation with **Get Up and Go!; we cannot think of one thing that would have made it a better trip for us!**

"Please to ahead and put me on your referral list-- happy to sing your praises."

–Francesca Thomas, Phoenix; casathomas@cox.net; **Kenai Explorer**

"Hi Geoff, Our trip was fantastic!! (GG! guide) Erin was great. We enjoyed her as a person and as our guide. Since we were the only people on our tour, she was very accommodating to our needs and flexible with time and schedule. She is very knowledgeable about her state.... We could not have asked for better weather. It was perfect!

"Denali was great. White water rafting was great. Denali bus trip was great. Denali Hwy was great. Tangle Lakes was great. Canoeing was great. McCarthy/ Kennicott were great. Flight was fantastic. Glacier trekking was fantastic. Valdez was great. Sea kayaking was great. Prince William Sound /ferry ride was great.. I'm sure you know that we met up with (other GG! guides) Dave and Suzie (who were leading a different trip at the time). They were both nice and seemed like great guides. We will be happy to recommend **Get Up and Go Tours to our friends and anyone else looking for a great adventure in Alaska.**

"Ben and I took lots of pictures. We have lots of great memories. We are so happy to have seen "The Last Frontier" and "The Great One". Alaska is a beautiful state. We will be back.

"Thanks for great planning and providing a great guide.

"Sincerely," -- Ben and Andrea Demby, West Palm Beach, FL, ad2dutch@bellsouth.net; **Alaska Explorer** lodge tour

"Geoff, I want to Thank You and (guide) Ian for a terrific Alaska adventure. My small group had a great time and we took thousands of pictures (over 3500 myself) and video. There are 5 archives named Alaska on there.

<http://www.facebook.com/media/set/?set=a.10151064032239192.448327.155866714191&type=1>

<http://www.facebook.com/media/set/?set=a.10151064042284192.448329.155866714191&type=3>

"And I made a video too. <http://www.youtube.com/watch?v=DukcpXvkIo&feature=youtu.be>

"Thanks," --Luis Garrido, Phoenix, AZ, luis@outtatownproductions.com; **Alaska Explorer**

"Thanks Geoff. It really was a very fun trip and we really enjoyed having John as our guide! Add me to the list!"

–Sunni Mohammadbhoy, Crystal River, Florida; sunni1478@gmail.com; **Kenai Explorer**

"Hi Geoff, Mohan and I just had to drop you a line to let you know how much we enjoyed our (Alaska Explorer lodge) trip. It more than met the high expectations that we had resulting from our daughter Sumi's recommendation (Sumi did the Camp & Cabin version of the same trip in 2005).

"(Our guide) Ian was great. Informative, professional, personable and laid back. He set a wonderful tone for the trip from the very first day.

"The pace of the trip was great, always something to do but not overwhelming. We LOVED McCarthy and the people at the lodge couldn't have been nicer despite the fact that they were running a full house. The setting at Denali was gorgeous and we really enjoyed having drinks on our deck with the sound of the brook running behind our place and a view of the mountains.

"We truly enjoyed the variety of parks, small towns and of course the magnificent drives. We don't really have any one favorite part of the trip, we loved it all. Some of the highlights for us were the glacier walk. The kayaking excursion was beyond gorgeous. Mohan and I have been to Antarctica and seen tons of glaciers but hadn't had the opportunity to kayak among the glaciers. It was a most humbling experience.

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“You did a great job developing the itinerary for this trip. Thank you so much for adding this trip to your schedule. It will go down as one of the more memorable ones we have taken. We look forward to doing the Kenai trip with your company in the near future. Would also like to explore the Arctic Explorer trip.

“We will definitely be back. You more than gave us our money's worth.”

–Diana & Mohan Rao, Tampa, Florida; didirao@tampabay.rr.com, Alaska Explorer lodge tour

“Hi, Geoff! I just wanted to take the time to thank you and the crew (Marci and Jed) for an amazing time on the Alaska Explorer trip we just finished up earlier this week. I am still on a high! I can't even tell you what an unbelievable time we all had, largely in part to Marci and Jed. They were absolutely wonderful!... They were so fun and accommodating, but also really organized and knowledgeable. They were both so considerate of everyone's needs and comfort/safety. And the food! I expected to lose 10 pounds on this trip but we were fed so well! Marci and Jed were both great cooks, and so accommodating of the few in our party who had specific food preferences.

“The tour itself was designed really well, and I feel like I got to see and do everything I set out to see and do in such a tight amount of time. I would love to have stayed weeks longer! But the time we did spend was so well spent. It seems we were really lucky on our trip in all the wildlife we spotted, the unbelievable weather, and the spectacular Northern Lights we saw twice! Very lucky indeed. The rafting, ice climbing, and kayaking ...were unforgettable. I just had so much fun! I was hesitant to do the camping tour at first but now I can't imagine having done Alaska any other way. I really had the time of my life! I'd love to see you guys expand your trip options; I would take every vacation going forward with you guys if it's possible!

“Thanks again for providing such fantastic service. It really made this trip one of the best vacations I've ever had! You have an outstanding team of people and a wonderful business. I will recommend you to anyone and everyone!

“Thanks for everything!” —Deborah Joa, Pasadena, California; deborahjoa@gmail.com; Alaska Explorer

“Hi Dave and Geoff, Bill and I are home now, ‘digesting’ the memories of the last 2 1/2 weeks. It isn't easy. Nor is it easy to leave them all behind and go on to more mundane things. We want you to know that we had THE BEST of Alaskan adventures with you. We were extremely pleased that all expectations described in the brochures were met and that there were, in addition, lots of fun surprises along the way. What a pleasant way to “get up and go.”

“You, Dave (GG! guide), are the ultimate host, the greatest of guides. Your competence and attention to details allowed us to relax and enjoy our experiences “to the max.” What a pleasure to travel with you, friend. Please know that Bill and I will always remember all your hard work (and the good humor you brought with it) to make our Alaska trip so memorable. We send you best wishes and many thanks.”

–Bill & Carolyn Schwartz, Frisco, Colorado; keltwoman@nc.rr.com; Alaska Explorer and Kenai Explorer

“Hi Geoff, We just returned home from our Alaskan Ranger trip guided by Suzie and Erin. We want to compliment you and our guides on a well run tour. Most of the folks on the tour remarked that they felt your company offered good value for the money and we agree....

“I'll start with you web page and all of the information that you provided prior to the trip. The page is very informative and presents your trips accurately. Your pre-trip information was right on. It made packing for the trip easy and efficient and proved to be adequate for what we needed on the tour. We along with the others on the trip discussed that we thought we got good value for the price on your trip. Pam and I have done REI trips and Inn Travels trips and your trip compared favorably. We will recommend you to those we talk to on our upcoming adventures if anyone is inclined to visit Alaska and we would also look at traveling with you again....

“Suzie and Erin were wonderful guides, drivers, cooks, hostesses, and fun people. Both worked well together and hard.

“They greatly contributed to the quality of the trip....

“The equipment you provided worked fine, keeping us dry and comfortable...

“The food was excellent. Pam and I present unique challenges because of our diet. We try not to over emphasize the diet but we really appreciate the “special” attention that was given to match up with our eating requirements. You and your guides get our sincere thanks and very high marks for the effort given to providing a great menu for us. I hope everyone else thought the food met their expectations as well. We ate well and often. Suzie seemed to very conscious of everything that was prepared

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and how it would fit in with what we could eat. I recognize how difficult and painful it can get to be planning food for multiple dietary requests and want to again say how appreciative we were of Suzie and Erin and whoever else had a hand in planning the food.

“On itinerary. We were really lucky to be there for the longest days of the year because we needed them to fit so much great stuff into the days. We stayed pretty true to the published itinerary. Suzie and Erin were extremely flexible and accommodating with the time management. We really, really appreciated that on Denali day when there was so much to see. A special thanks for the last van ride back to camp and the later than usual dinner. Another special thanks to Suzie for getting a group of us on that late flight-seeing plane to see Denali. That was a sight that will be in our minds forever.

“The days were busy and sometimes long, but that was a positive for us. We weren't there to relax at a campground, we were there to get up and go and see/do as much as we could.

“OK, that's it. Our guides said that you appreciate feedback so I took the time to comment and suggest, but more importantly compliment you and your guides on a fabulous vacation. Thanks.”

–Rick & Pam Bradley, PA, rbradley@cvzoom.net, **Alaska Ranger**

“THANK YOU for a fantastic itinerary and (for sending your guide) Brad Fidel to lead us through it all!!! He was a gem and really added to our experience with all his knowledge and caring of the group. We had a great and truly memorable time and plan on returning to Alaska again, sooner rather than later. Thanks again so much. Sincerely, Susan and Dick Dent”

–Susan & Dick Dent, San Diego, California; susanhemonddent@gmail.com **Alaska Explorer** lodge tour

“Hi Geoff, I wanted to let you know how much I enjoyed my Alaska adventure and thank both you and (my guide) Dave for the amazing experience. Hands down the best vacation I have ever been on.

“Your guide) Dave was a star, very knowledgeable, great cook and all round nice guy. He earned the nickname ‘Dangerous’ Dave however we never felt anything other than safe with him. His sense of humour and obvious love for Alaska made every day enjoyable. I have told so many people about my vacation and suggested they check out Get Up & Go! I will definitely be coming back to Alaska with you again, hopefully next year for the 10-day Alaska Explorer trip.

“Thank you and see you again next year.” –Sarah Grundy, Ontario; sarah.grundy@aecom.com; **Kenai Explorer**

“I will recommend your company and the trips that you supply to anyone that will listen as to me they are great value. And if all your guides are like John I do not think that you can go wrong. Happy Trails and much success in all that you do.”

–Rachel Buck, Australia; **Alaska Explorer**

“Just wanted to chime in with some feedback of the 18-24 June Alaska Ranger trip. (Our guides) Suzie and Erin were great. Those both were great guides and put in a lot of hours. I would definitely recommend this trip to friends. One of my best trips. Truly, incredible. –Doug Q, Monterrey, California. Alaska Ranger

“I took the Kenai Peninsula multi-sport trip and LOVED it. Really the best tour I’ve ever taken. (Your guides) Dave and Jed were a great team. Thank you so much for introducing me to Alaska. I am hooked.... It was the most beautiful place I’d ever been. All the best,” –Laura Romanoff, Chicago, laura@mayaromanoff.com; **Kenai Explorer**

“(We) had a fantastic time in Alaska, more so because we chose Get Up & Go Tours. After doing your exciting trip, the cruise down to Vancouver was nothing to compare with. We would love to do another trip going further north in the future.

“I would also like to compliment you on your fine staff. Suzie is a wonderful tour guide that only has her clients’ interest at heart. Setting up the camp, the delicious meals, showing us the places of interest, looking after individual needs and lots more, were all done with total care and understanding. Erin was the perfect second in command with all her enthusiasm and local knowledge to share. Two wonderful ladies that made our holiday in Alaska an adventure that we will always remember and hopefully come back for more.” –Pavriitha Pillay, New Zealand. pavithra.pillay@gmail.com, **Alaska Ranger**

“Geoff, Just a note to say thanks for a great Alaskan adventure trip. The itinerary did a great job of capturing the unique adventures available in Alaska. The guides, John and Terrance, were terrific and the food exceeded even my high

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expectations. I will definitely be recommending Get Up & Go to friends for their consideration. Please relay my family's thanks again to (GG! guides) John and Terrance. --John Drake, Colorado, jdrake@kalahar.com; **Alaska Explorer**

"Dear Geoff, I returned last week from the 10-day Alaska Explorer, the last trip of the season, with (GG! guides) Jen and Erin. I just wanted to let you know what a fantastic time I had. Jen and Erin were both marvelous, great assets to your company. The trip you put together for your clients is fantastic, so much was fitted into it, but without feeling rushed at anytime. We got a real feel of what an exceptional place Alaska is. No-one ever knows what is round the corner, with regard to wildlife sightings and scenery. The other 7 people on the trip were great company. We all seemed to gel together effortlessly, and I have already received photos from some of them. One big thing on my wishlist was to see the Northern Lights. This happened on our second night. We were lucky to see a 2 hour display, it was fantastic. Then I was further blessed to see them again from the plane as I was leaving Alaska. A fabulous farewell.

"I had great expectations for this holiday, and I was not disappointed. I would recommend the trip to anyone. In fact one of my friends is already seriously considering booking with you for next season.

"My regards to Jen and Erin, Thank you again for the memories and experiences of this trip. Sincerely, Marion Wright

"PS: I would be pleased to be added to your list of referees, especially helpful for any potential clients wishing to travel from the U.K". --Marion Wright, England, marionw@btinternet.com; **Alaska Explorer**

"Thanks Jen and Geoff, I am definitely going back to Alaska next year for more!"

--Tatiana Miranova, Russian in NYC, tatiana.mironova@bmo.com; **Alaska Explorer**

*" Just a quick note to say that I had a wonderful time exploring Alaska. Both Dave and Joelle were incredible tour guides and made the Mountains and Glaciers trip quite enjoyable. And THANK YOU for putting together a wonderful trip and for the great services your company provides." --Brian Rivas, Wash. DC; brianrivas@yahoo.com; **Mountains & Glaciers,***

*"We had a great trip and would highly recommend the trip to anyone. Our guide, Ian, did a fantastic job and fed us like royalty. Thanks for everything!"--Jean Bender, Sioux Falls, SD; benderfamily@alliancecom.net, **AK Family Explorer***

"Geoff and the entire Team, Mary and I wanted to thank you, the Get Up and Go! Team and especially (your guide) Brad for a great time as we truly got to experience Alaska. Till the next time, Jack and Mary."

--Jack and Mary Wilder, San Antonio, TX; marjacwilder@earthlink.net; **Alaska Explorer**, lodge tour

*"Thanks for arranging a great tour!" --Mark Cane, Wales; mcane_uk@yahoo.co.uk; **Alaska Explorer***

"Geoff, Just wanted to send a quick note to you about the trip. I had a great time and was very pleased with your tour company. Everything went quite smoothly and I think my whole group enjoyed themselves. I wish I could have stayed longer and saw more of the state of Alaska. The food Marci prepared was excellent and I felt you could have marketed it as such... She also did a great job of catering the trip to each of us individually. All in all I was quite impressed by her and the tour and just wanted to say thanks and hopefully I can make it back for another trip in the future."

--Kyle Clark, Pacific Grove, CA; clarkofmn@gmail.com; **Arctic Explorer**

"I just wanted to let you know what a wonderful time Gregg and I had on the Alaska Explorer tour. Ian and Joelle were wonderful tour guides. We were lucky with the weather and the group was able and cohesive.

"The stay at the Q Inn was equally as nice - what a fun quirky place. The private room was great - we had one at the beginning without a bath and at the end with a bath (which I prefer). It was clean and the people there fun.

"Alaska was extreme, vast and humbling - I am so glad that we did this. Thank you again, Monica Tujak"

--Monica Tujak, Connecticut; mctujak@charter.net; **Alaska Explorer**

*"I was on the Kenai Explorer trip and wish to commend you on the package you put together. It was varied and great fun. Meals weren't too shabby either. You are a lucky man to have in your employ the services of guides Ian and Marci. They are hard working, talented and just great people to be with." --Allan Goshin, New York, goois@aol.com, **Kenai Explorer***

"Hi Geoff, I just want to let you know how much Ann and I enjoyed our recent tour with Dave K. Dave is a great guy and we got to know and like him quickly. He did a great job and was the perfect combination of chauffeur, cook and guide.

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“Everything was organized and well-planned, but with flexibility for us to change if we wanted. He definitely was the reason we had as much fun as we did. Count on us to recommend Get Up & Go Tours to our friends! With best regards, Les Davis,”
–Les & Ann Davis, North Carolina; *Alaska Explorer*

“We just want to let you know that we had a wonderful time in Alaska on the Arctic Explorer tour and Alaska Explorer tour. And Beth is a fantastic guide, she really did a great job, and we were very happy to have her as a guide on both tours.

“You may add my name and email to the clients list!! And I really hope it wasn't our last visit in Alaska, there are many places we haven't seen, and several places we want to visit once more. Best regards,”

–Ole & Susanne Løhr, Denmark; Susanne.lohr@gmail.com; *Arctic Explorer* and *Alaska Explorer*

“Dear Geoff and (guide) Max, A trip from heaven...the Alaska Explorer tour was so well planned, offered non-stop activity with lots of variety, served amazing meals, offered sweet camping facilities, and added personal touches that made us feel like family. Max, thank you for being a kind and caring human willing to share your enthusiasm of nature's beauty with us. You are great at your job! And, Geoff, I felt a genuine compassion when talking to you by phone or email; you made it comfortable for me to step out on my own. I sensed that you took pride in your company and tours. Now I understand that to be true. “Get up and Go” has and will be recommended to all that inquire about my trip. I hope to do another in the future.

“Warmest regards, Jacque. PS: I'd be glad to have my name and email added to the (reference) list. Get Up & Go! made a lasting impression.” –Jacque Magner; Newport Beach, California; magnerj@comcast.net; *Alaska Explorer*

“...I have found my first week back (from my GG! Alaska Explorer tour) to be more than a little bit rubbish. I am totally missing Alaska and reckon I have separation anxiety from being away from our little group!

“Plus - I can't actually accept that I am an accountant in real life!! Surely there has been a mix up? There must be some mistake? Somewhere there must be a parallel universe where I stayed living in Alaska doing cool stuff and this reality is just a bad dream? Planning to cook some marshmallows on the radiator tonight to try and transport self to said parallel universe...”

“Thanks to everyone for such a fab holiday. Wish I could do it again. Tomorrow. Like groundhog day, but better.”

–Melanie Connors, Wales; melanieconnors@yahoo.co.uk; *Alaska Explorer*

“Hi Guys, I am still dining out on our terrific trips we so enjoyed with you. The memories are great and the photos such a wonderful reminder of the adventures we had all together. Thank you again for all that you did to make these times so special.... Of course I should be delighted to recommend to any interested folk who make enquiries about your company. Best wishes.” –Jan Jacob, New Zealand; jjacob@ubernet.co.nz; *Kenai Explorer* and *Alaska Explorer*

“Geoff, I have been back from the Alaska Explorer trip for a few days now and am still on an Alaskan high. I wanted to let you know that it was wonderful from start to finish. Marci was the ultimate tour guide and became the foundation of the trip with her knowledge, strength, competence and confidence, and the icing on the cake with her sense of fun, her humor and genuineness. Please convey to her my gratitude and know that as soon as I can I will be back to AK to explore the Kenai.”

“...this gives me the chance to tell you how great the Kenai Explorer trip was and how much we enjoyed it. Thanks!”

–Kathy Valenti; Yarmouth, MA; *Kenai Explorer*, and *Alaska Explorer* Lodge tour

“Dear Geoff - Now that we're back I wanted to write to let you know how much my daughter and I enjoyed our trip - the Family Explorer trip a couple of weeks ago. I especially wanted to communicate how wonderful Dave and Kitty/Amanda were. They are amazingly good at what they do - they were incredibly well organized, made us all feel welcomed and cared for and known as individuals, were willing to share their expertise and some of themselves with us, and seemed to be enjoying themselves in the process. Their work - and who they are as people - really made the trip for us. Alaska is an amazing place - we appreciate the work you and the guides did to help us experience a part of it. I've already recommended Get Up & Go to others and will continue to do so. Thanks to all of you...”

–Lisa Smulyan, Swarthmore, PA; lsmulya1@swarthmore.edu; *Alaska Family Explorer*

“We had a BLAST!!!! I want to thank you and your guides, Dave and Max for a trip of a lifetime!!! The kids keep talking about their experience. (Guide) Dave is a great cook! I was supposed to lose weight on this trip not gain. The kids really related to (guide) Max. Dave and Max were wonderful for our mixture of personalities.

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*"I am putting together a DVD on promoting Venture Scouts and our Alaska trip. I would like to include **Get Up and Go Tours** as a resource. Hopefully this will bring you future business.... Thanks for a wonderful time, Barb"*

*--Barbara McCormick, PA; bm131826@ncr.com; Home # 610-873-7327. **Alaska Explorer** private Venture Scout trip*

*"Hi Geoff! I tell you what, it's been a week now and I still smile every time I think about our vacation. **Rhett and I both had the most amazing time and fell in love with Alaska.** Your tour is arranged perfectly, but by far Wrangell-St. Elias is the best stop. The McCarthy-Kennicott area is spectacular. But most of all, I wanted to let you know how much we loved Brad and Jen as tour guides. They are what made the trip complete. The knowledge they both have plus their obvious passion about the area and what they do was just amazing, everybody in the group just clicked with them both immediately. Also honestly, being a female myself who typically only finds guys who want to hike and bike with me, I think it's great to find you use female tour guides like Jen, she totally rocked.*

"If I ever hear of somebody thinking about a trip to Alaska, I will definitely recommend your company. Take care! Amy"

*--Amy Ziemba, Las Vegas, NV; ajziemba@yahoo.com; **Alaska Explorer***

*"What a trip! We were awed, challenged, tired, etc. **Brad & Jen did a great job.... how do they always keep such a sunny disposition? They really took care of all of us,** even though we were a very diverse group. Thanks Geoff. I will send photos when I get them ready. Just got home today. Thanks too for the recommendation of the train to Seward. That was the cherry on the cake." --Kay & Ron Klausewitz, Wisconsin; kklaus@hotmail.com; **Alaska Explorer***

*"Dear **Get Up and Go!** This thank you note is long overdue. My husband and I had a fantastic vacation ... with your company. We went on the Kenai Explorer trip at the end of May 2008. First, I was impressed with the assistance and professionalism I received while making my travel arrangements. The personnel were a tremendous help and resource as I made our arrangements and their advice was superb.*

"Second, your guide was fantastic. She exceeded our expectations, helped us to enjoy Alaska to the fullest extent, and was very resourceful. I am so thankful that she was respectful ... and took into account my dietary concerns. The food was exceptional and my husband remembers the Alaskan Halibut that she made with fondness. I think the memory actually makes his mouth water!

*"I would highly, highly, highly recommend this trip and this organization to anyone. The least I can do for my gratitude is to recommend **Get Up and Go** to everyone I encounter, which I do. :) Thank you so much for making a lasting memory for my husband and I. We cannot wait to come back for another trip in the future.*

*"Kindest regards," Natalie F, Iowa; **Kenai Explorer***

"Hi, Geoff, We chose your company because of your web site. It is professionally done, informative and without flaw as to spelling, grammar, etc. If a company takes a lot of pride in its web site, it will probably take a lot of pride in its work. We were not disappointed.

*"(Your guide) **Dave was outstanding.** Polite, persevering, pleasant, and most of all, patient. He never lost his cool, never uttered a profanity, never appeared to be exasperated with us. He was a careful driver, a great cook, and a knowledgeable resource. He did not let his personal life enter into his conversations or behavior and did not show undue interest in our personal lives. He just did his job with skill. When my wife needed medical attention, he became at once a commander of the situation, yet maintained a true display of compassion. Compassion, a rare and vanishing trait. He really cared.*

*"We made a good choice with **Get Up & Go**"--Norman & Linda Williams; normanw1@charter.net; **Alaska Explorer***

*"Hi! My daughter and I recently got back from your lodge based family tour. We had a fantastic time and Kitty (aka Amanda) was a great guide. Thanks!"—Teresa Eggemeyer, Sta. Barbara, CA; teggem@gmail.com; **Alaska Family Explorer***

"Geoff, I wanted to take this time to thank you for the most wonderful and memorable trip I have ever had. Mike and I were hoping that it would be all we wanted, and it turned out to be more. I think this had to do with Brad!!! He is amazing. He is personable, knowledgeable about the land we traveled through and so much fun. Brad taught us so much

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about Alaska and life lived simply. He put up with the two loud New Yorkers and did it with amazing style. I don't think that my trip would have been what it was without Brad. I cried when I left and missed the group when I was on my cruise. The rest of my trip could not compare to any point of the 10 days we were with Brad. I think we can be a bit critical sometimes, and I have nothing bad to say about Brad. He is such an asset to your company. I have already told some people that were looking to go out to Alaska next year to book with you guys and try to get Brad as their guide.

"Thanks again for all your patience with me as I was booking the trip and thank you for giving us Brad as our Guide. We will be back to see more of Alaska and we will make sure to book with your company.

"Best wishes for a healthy and happy lifetime!

--Noelle Werner and Mike Belmonte, N.Y; nwerner25@optonline.net; **Alaska Explorer** lodge tour

"Hi, Jeff, I was in the last Alaska Explorer tour. I just want to say that your company is the best. We saw more than we expected. Our guides Dave and Max were just perfect. I really enjoyed everything and will recommend your company to every person who wants to visit this amazing part of the world. Thank you so much and I hope to see you again next year! p.s. thank you about the weather!!! --Pavlin Zhelev, Bulgaria; zhelev@abv.bg; Alaska Explorer

"So it's been a couple of weeks now that I have been back from my Mountains and Glaciers tour with Dave and Max. I just wanted to let you know your tour exceeded all my expectations. I had never done an organized tour before and had serious reservations, but you guys pulled everything off in spades. Great activities, guides, food, etc. The group was terrific and I had such a great time. Even as a solo traveler, I never felt alone or awkward on this terrific trip. I'd do it again in a heartbeat (and just might!). I wish your company the best of success and hope to see you again in the future."

--Steve North, Olympia, WA, shn72@comcast.net; **Mountains and Glaciers**

"Superlatives are the only way I can describe our Get Up & Go tour. It was terrific from start to finish. I loved every minute of it. Just the vastness was astounding. Superlatives apply to (our guide) Amanda as well. She's a great guide, great cook, and so much fun to be with. It was hard to say good-bye. Her decorative touches at each meal's table made us feel special.

"I'm dreaming of another trip. Thanks again," --Shirley Templeton, Illinois; set229@sbcglobal.net; Alaska Explorer

"Hi Geoff, Just wanted to write and tell you what an absolutely amazing time I had on the Get Up and Go AK tour with Marci and Jed. The song 'I've Had the Time of My Life' would be a pretty accurate description. I am not sure how you pick the people in the groups, but our group was phenomenal. Everyone was great. Marci and Jed were awesome. We had so many laughs. Food was wonderful...scenery was excellent. Everyone had a lot of knowledge about Alaska and its history. I definitely would do this again. Thanks so much... give Marci and Jed my best."

--June Lighty, Okeechobee, FL; gjlighty@yahoo.com; **Alaska Explorer**

"Geoff, we just wanted to let you know what a great time we had on our tour last week. Marci and Beth were top notch, and the best guides we could have asked for. They were extremely informative, fun and terrific cooks! We ended up with the best group of people ever and by the end of the trip we were all friends.

"When we first started planning the vacation we were going to do the lodge based tour, but you talked us into doing the camp (and cabin) based instead. We are so thankful to you for that. It was the best decision we could have made. Having very little camping experience didn't make a bit of difference. We saw parts of Alaska that few people will ever have the chance to see. Now that we're home... we realize how fortunate we were to have had the true Alaskan experience. Regards,"

--Mike & Sue Morency, Cincinnati, Ohio; jazzysuem@yahoo.com; **Alaska Explorer**

"Geoff: We wanted to take a quick moment to say THANKS for offering/organizing a trip-of-a-lifetime experience. We had an absolutely fantastic journey on the ALASKA RANGER tour with Amanda. In only our first week back, we've already made recommendations to friends/co-workers to take a trip to AK w/ Get Up & Go.

"As our inaugural trip to AK we were simply awestruck by its vast beauty. We found that just one week in AK was not enough for us. As a result, we are seriously considering Amanda's recommendation to see the Wrangell-St. Elias area by which the MOUNTAINS & GLACIERS tour sounds exciting to us.

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*“Please keep us informed about your schedule, particularly with respect to the MOUNTAINS & GLACIERS tour. We are looking forward to working on our travel plans come September. In the meantime, we have our photo journal from this year’s tour to relish. Thanks again.” –Jeff and Betsy Rivas, St. Louis, MI, jeffandbetsy@charter.net; **Alaska Ranger***

“All positive comments from this customer! I had an incredible time and already look forward to my next trip up there, whenever that ends up being, hopefully soon!

“Everything about the trip was great... The sights, the planned activities, the camping equipment, the FOOD! Everything was well thought out, planned, and executed. Dave showed us what "luxury" camping was all about. He certainly knows his stuff and knew a lot about Alaska and the areas we visited. He was great at making me feel like I was getting the most out of the short time I was there.... (and) gave us the flexibility to adjust our activities as we wanted.... The camp then cabin order of the tour was nice, too... the beautiful lodge was a nice finish.

*“I've fallen in love with Alaska and I have your tour to thank. I certainly will make **Get Up and Go! Tours** my first shopping stop when I plan my next trip. Thanks again”*

*--Paola Hayes, San Diego: PaolaAtTheBeach@yahoo.com; **Alaska Ranger***

“I just returned from my Alaska trip and wanted to write you to tell you what a great time I had. Alaska is beautiful and the itinerary was excellent. We were always busy doing something (if we wanted to be), and every day was another adventure.

*“The trip more than fulfilled my expectations. We had a good group, with varied backgrounds, abilities, and perspectives. Tying it all together to perfection were the guides - Marci and Suzie - who were accepting, open, fun-loving, talented, energetic, and intelligent. They also complemented each other very well. We had some exceptional meals, thanks to their culinary talents. Equally important, we received an excellent sense of the land and its history, the local people and their stories, the animals and their habits, and the overwhelming beauty of the place itself. Thanks so much for making all this possible. And be good to Marci and Suzie. They are gems.”–Rich Saad, Maryland; rich.saad@verizon.net; **Alaska Explorer***

“Thanks for a great tour! I don't think the 12 people on the tour could have been a better group of people. Marci and Jed far exceeded my expectations with their great food, wonderful senses of humor, and amazing ability to make every activity better just by being there. Seeing 6 moose, 12 grizzly bears, 4 river otters, 6 beavers, 10 caribou, a couple dozen bald eagles, 5 seals, hundreds of salmon, a dozen sea otters was incredible. The lunar eclipse, huge Northern lights show, and perfect weather did not hurt either. I hope Marci is around for a couple more seasons because I want to go on the Kenai trip and now my brother wants to go on the Arctic trip with me.”

*--Zack Hebert, Arkansas; zackhebert@yahoo.com; **Alaska Explorer (2007), Kenai Explorer (2008), Arctic Explorer (2008)***

“Hi Geoff, I have been back home for a week after my Alaska Explorer and Kenai Explorer trips; a quick word to tell you about the great job your guides are doing; thank you to have made my experience in Alaska so wonderful: the choice of camp sites, the food cooked by the guides, the amazing activities we experienced along the trips. Thanks again,”

*-- Delphine Marlier, Montreal, Canada; delphinemarlier@yahoo.fr; **Alaska Explorer** and **Kenai Explorer***

“I just wanted to let you know how lucky you are to have 2 amazing guides working for you... I had an amazing time. It was perfect. Marci and Jed showed us their Alaska and it felt like it was so personal and they were letting us in to see a piece of them. The food was over the top great... They handled everything with such professionalism. It was such a wonderful time. I am so thankful to have met Marci and to have been able to see why she loves Alaska. I can't say enough about all the planning and stops along the way that made this such an unforgettable trip. I have been telling every one about it...”

*--Diane Hynes, Roslindale, Massachusetts; hynesdiane@hotmail.com; **Alaska Explorer***

“Dear Geoff: I want to convey to you my complete satisfaction with the Get Up and Go! tour my son and I just returned from last week. The trip was fabulous--very well planned and brilliantly executed. Marcy and Amanda were superb guides, always flexible, well informed, inexhaustible, upbeat, helpful, and just plain fun to be with. Virtually every aspect of the tour exceeded my expectations--especially the meals. Prior to the trip I was braced for MREs or Mac 'n Cheese. Instead we had fresh salmon, halibut, fajitas, enchiladas, lasagna, steak, et al. They really did a marvelous job with the meals--and with every other detail of the trip.

“We will come again to Alaska, and when we do we will book again with you. But we will insist on Marcy and Amanda.

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Thanks for a great tour. Sincerely, Carl Smith" —**Carl Smith**, Alexandria Virginia; CMSmith88@aol.com; *Alaska Explorer*

"Geoff: Well, unfortunately, we are home in NC where the temp will reach 98 today with about 98% humidity, and we miss Alaska already. We had the BEST time. Amanda (Kitty) and Suzie are professional, knowledgeable, organized, responsible, entertaining, fun, motivating, and overall, AWESOME women, and we are thrilled to have had the chance to get to know both of them. If they haven't told you already, this group of people jelled from moment #one...and I give Kitty the kudos for setting the tone.... We had phenomenal weather...we saw Denali 4 out of a possible 6 days that we were in the area to see 'The Great One.' We checked off almost every animal on the Alaska list (no lynx or wolf...just wolf and baby wolf tracks), I ID'd wildflowers, we ate raspberries, and we ate great meals. Oh, did I mention the awesome hikes,... the great rafting, canoeing with the beavers, sandpipers, and moose, ice climbing on an incredible day into a moulin, sea kayaking with sea otters, kittiwakes, gulls and a calving ice cave, snowball fight on a glacier ice field, and we were lucky to have only one day of rain. What mosquitoes? I can honestly say I came back with zero bites. But, we did see lots of bears from a respectable distance, so, one still had to be aware of their environment! Overall, we're concerned that we may not be able to one-better this trip. So, in case you misunderstood this little note, we were more than pleased with this trip and will be waiting your next offerings! Thanks for everything. Happily yours, Nan" —**Nancy Kirlin**, North Carolina; nancita19@earthlink.net; *Alaska Explorer*

"Hi! I just returned from an amazing Explorer trip with Marci and Amanda. This was definitely the best vacation I have ever taken! Alaska was so completely different from anything that I have ever been exposed to. The whole trip was so well planned out, but Amanda and Marci didn't make it feel like a regular touristy trip to all the Alaska highlight spots. They are so knowledgeable and fun to be around, plus the food was great! My favorite part was either the whitewater rafting or the ice-climbing. Amanda and Marci were great guides, and I would love to go on another trip with either one of them again in the future! I'm going to recommend this trip to everyone that I know that loves the outdoors because I had such a great time.

"Thanks for a great experience!" --**Hilary Blum**; Harrington Park, New Jersey; hg.blum@gmail.com; *Alaska Explorer*

"Geoff, Kathy and I had a great time. The state of Alaska has much to offer and the Explorer Tour was a helpful way for us to learn about several areas of the state. All aspects of the tour, met or exceeded expectations. A special thanks to the guides, Dave and Max. We will certainly recommend Get And Go Tours to others with the requisite interests.
—**Tom Bauer**, Austin Texas, tbauer1@austin.rr.com; *Alaska Explorer 2009*

"Geoff, I certainly echo my husband's comments below. I have already told several people at work about "Get Up and Go" and the many advantages that you offer. Some of them have also traveled to Alaska on various trips/cruises. By the time I finish telling them of my experiences I can see some wishful thinking going on in their heads :)

"(Our guides) Dave and Max were truly great. While camping in years past I never cooked to the level that Dave did!! It was wonderful. —**Kathy Bauer**, Austin Texas, kathyab@austin.rr.com; *Alaska Explorer 2009*

"Hi Geoff, We had a great time with fantastic scenery, amazing weather and great tour leaders!! Thank you and we hope to be back in the not too distant future!" —**Erin Murrihy**, Victoria, Australia; erinmurrihy@hotmail.com; *Alaska Explorer*

"I just wanted to let you know that we had a simply marvelous time on your Mountains & Glaciers tour. Everything was perfect; the itinerary, the food, the guide, the group we were with...even the weather was perfect! My husband is already talking about the next time we go to Alaska. I wish I could offer some helpful suggestions for improvement, but I just can't think of anything I would have changed. Please tell Marci that we are simply enamored with her and her cooking and think she is the best guide ever! Thank you for everything, We hope to visit again someday."

—**Heather & Bryan Richman**; hlichman@yahoo.com; *Mountains & Glaciers*

"We had a great time on our tour and really enjoyed Alaska. We, as well as everyone else on this trip, we were extremely impressed by (our guide) Marci. We all fell in love with her expertise, charm, and charisma. She is fantastic and extremely competent. We enjoyed having both Marci and Jed as our guides.... Thank you."

—**Angela Nourizi & Zan Smith**, Colorado Springs, Colorado. cultrdqt@aol.com; *Alaska Explorer*

"I just wanted to write to you and say that I had an AWESOME time on our trip, and so did the other girlies in our group. Max and Beth were brilliant. We really enjoyed the variety of activities and all the places we stayed at: brilliant times!"

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--Fiona Fordyce, Australia, fordycefiona@hotmail.com; *Alaska Explorer*

"We had a fabulous trip to the Kenai Peninsula. Our guides were great as were our traveling companions. We're looking forward to the next one!" --Leckie Langley, New Brunswick, Canada; *Kenai Explorer*

"Hi Geoff, Just wanted to drop you a quick line to say thanks for a fabulous holiday. I had a tremendous time on the tour. It was great to have such a variety of activities and the locations we visited were stunning. Also wanted to say that (our guides) Beth and Max were brilliant and added greatly to the enjoyment of the trip. Thanks again."

--Catherine Mortimer, London; Catherine.Mortimer@MorganStanley.com; *Alaska Explorer*

"I just wanted to write and say what a great time my wife and I had on the Alaska Explorer trip with guides Dave & Ian. They were fantastic and the weather was in our favor the whole trip. It truly was one of those trips that will be remembered for a long time." --Scott Bigalke, Rockford, Minnesota; bigal915@yahoo.com; *Alaska Explorer*

"Hi Geoffrey, I just wanted to forward a link to the photos I took during our Alaska Explorer tour that ended 8/31. We all had a great time, and Brad was an excellent guide." <http://photos.eugk.net/Alaska>

--Eugene Kogan, Columbia MD, Eugene@eugk.net; *Alaska Explorer* lodge-based.

"Hi Geoff, I wanted to send you a quick email to comment on my recent Mountains & Glaciers trip. This was my 2nd time doing the exact same tour....the last trip being three summers ago, of note that was a great trip...hence the repeat client."

"My most recent trip with Marci as my guide....EXCELLENT!!!! She blew me away with her knowledge, patience, kindness, humor and best of all her cooking skills!! I felt as though she gave 200% of herself to her clients and I was personally very impressed. She was always willing to do whatever it took to please us...very flexible. She told us this was her first year as a guide with you...she is definitely a keeper! As an employer myself...I know EXCELLENT/Responsible employees can be difficult to find, I wanted you to know how lucky you are to have her. Thanks for another awesome trip.....I'll Be Back!"

--Steven Kent, Florida, aguaholic@hotmail.com; two-time participant on the *Mountains & Glaciers* tour

"Hi Geoff, I just wanted to let you know what a wonderful trip we had with Get Up and Go Tours! The trip was awesome, Marci was the best, and everything worked out just as planned and hoped for (even better!). Our travelling companions were great, the kids all got along very well and it was an experience none of us will soon forget!"

"Really, I just can't say enough about how smoothly everything went, from the campsites to the equipment, to the food, to Marci's activity suggestions and ability to make all the arrangements for us (sometimes on short notice!), to keeping her cool when trying to keep to some sort of a time schedule with 5 kids and 4 parents in tow! Thank you so much for everything. Please feel free to use me as a reference - I would love to share my enthusiasm with anyone wishing to learn more about this kind of travel in Alaska, particularly those travelling with children. It was just great! All the best,"

--Brenda Rich, Atlanta, brich1@adelphia.net; *Alaska Family Explorer*

"Thanks a lot for your great tours, we really enjoyed them! Dave and Marci were great and Alaska was incredible...hope to go back soon." --Eva Pavon, Spain, *Kenai Explorer* and *Alaska Explorer*

"Dear Geoff, We had a wonderful and adventurous trip to Alaska. Thank you so much for assigning (guide) Amanda A. to us. Never could we have had a more fun, creative, and professional guide. We truly enjoyed her. She has the perfect personality for her job and she represents Get Up and Go! perfectly. She was informative... she just fit in with our crowd of ten beautifully. We appreciate her and are fully aware that Amanda enhanced our experience of Alaska."

"The itinerary was great—just our speed. You did a marvelous job setting things up for us. Thank you!"

"The Alaskan Railroad was great too. We are so glad that we made arrangements thru Get Up and Go Tours—as we know how doing otherwise could have made or broken our trip."

"So Geoff, we will recommend your company to other friends from Oregon and beyond. Friends are already asking!"

"Thank you again! Give our best to Amanda. Sincerely, Kathy & Bill Block (John and Matt too)."

--Kathy & Bill Block; wblock0425@aol.com; *Alaska Family Explorer*

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“Dear Geoff, I just got back from my 10-day (Alaska Explorer) trip with Marci and Jed last night. It was amazing! They were fantastic guides – they were informative, stopped and explained things we thought were interesting,... and went above and beyond to keep us campers happy! The food was ‘gourmet’! It was better than I eat at home ;) I saw Alaska in a way that I would not have been able to without Get Up & Go. The trip was worth every penny. The views were spectacular and my experiences phenomenal. I was able to see Denali up close and personal, went ice climbing, saw a grizzly eating a fish, saw old copper mines, went kayaking amongst icebergs, amongst all the other activities! I came back to my tent or cabin every night, exhausted from the days activities, but very much looking forward to the next day. I figured I would need to schedule a massage with my massage therapist when I get back home, but I feel good. The physical activity was challenging but very rewarding! I will recommend Get Up and Go! to anyone I know who is headed to Alaska :)”

–Leeann Trang, Marin County, California; leeann_trang@yahoo.com; **Alaska Explorer**

“Hi Geoff, We had the time of our lives!!!! I cannot tell you how much we appreciated the opportunity to see Alaska from the perspective of how you set up the tours. Thanks so much for the opportunity. Again, much thanks for the opportunities that you provided to us for a wonderful time in being able to see much of what Alaska has to offer.” –Linda Ross, **Arctic Explorer**

“Dear Geoff, (your guides) Marci and Beth are two outstanding young women, I truly believe they could handle anything with a positive attitude, flexibility and a sense of humor! They made the tour great fun, but I also learned a lot in the process, which I really enjoyed. Hope to see them on another tour next summer!”

–Barbara Conte & Dan Lipford, Hollywood, FL; btc107@bellsouth.net; **Alaska Explorer**

“Thank you so much for everything!” –Dale Jones; Los Angeles, CA; dalemjones@sbcglobal.net; **Alaska Explorer** lodge

“Hi Geoff, I just wanted to let you know that we had a great time on our tour. It was even better than I had hoped, and I’m sad it has to end. We really liked (our guides) Brad and Joanna, and they did a fantastic job. We were particularly impressed by how well you guys handled Melissa’s dietary needs. The food was really good and there was plenty to eat. Thank you for being on top of it. We had great guides and a great group, and we’re going to miss everyone! I’m really glad we went with your company, and on the whole I would grade the trip an A.”

–Chris & Melissa Downey, Boulder CO; chris_downey@colorado.edu; **Alaska Explorer**

“Geoff, Thank you for making my dream of getting to the REAL Alaska come true. ...One goal was visiting a small village with NO tour busses and I so enjoyed visiting with the folks in McCarthy.... I enjoyed the canoeing, rafting and kayaking with the calving glacier and the nesting gulls! Best of all was enabling my buddy (my grandson) to experience it all.... (Our guide) Ian was the greatest asset of the entire trip. What skill and knowledge! And his food selection and preparation far exceeded my expectations. I would like to adopt him as a grandson!”

“Your leadership in Get Up and Go excels. Much success in the future. And thank Ian again for me.”

–Gertrude Koehler, Illinois; koeh1@sbcglobal.net; **Alaska Explorer**

“I had a fabulous time and am thinking of doing the tour again with my daughter.... Well done! I am highly impressed. I would be delighted to be added to the reference list.”

–Julia Winter, Tallahassee, FL; purplebike1@embarqmail.com; **Alaska Explorer**

“Geoff, I had an absolutely great time (with you and Dave). We are having a blast putting all the pictures together. I still can't believe that we did so much in such a short time. We're looking forward to another trip in a couple years. RR”

–Roger Reichenberg, Napa, CA; rreichenberg@cityofnapa.org; **Mountains & Glaciers**

“Hey Geoff, Just wanted to thank you and Marci for a fabulous trip to Alaska. You could not have planned a better trip and Marci was amazing. Everything was perfect (even the weather) and we couldn't have done it without you.”

“If you ever need testimonials for brochures, pictures or anything from a client's perspective- let us know b/c we would be happy to help out in any way. I am going to tell everyone we know that if they are going to Alaska to book through you all b/c it was fantastic”–Julie D. Madsen Zarou, New Jersey; juliezarou@yahoo.com; **Custom designed private lodge tour guests**

“Hi Geoff, I had a great time in Alaska, glad I finally made it up there. (Our guide) Kitty (aka Amanda) was great, she kept

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us all informed... and made the trip that much more enjoyable, and made me want to stay on and see more of Alaska. What I saw of Alaska was so impressive and gave us all many OMG moments. Thanks... I appreciate all your time and effort in making Alaska experience so special." –**Anita Deasey**, Ardmore, PA; dease15@verizon.net; **Alaska Explorer** lodge

“Our Bayou City Outdoors (a private group we hosted in 2008 & 2009) had a fabulous trip with Brad! He negotiated ...it all with ease. His meals were wonderful, and his enthusiasm and delight in what Alaska offers helped make our trip unforgettable. He was even gracious enough to thank me for an evening kayak trip that I asked of him.

“Thank you, Get Up and Go! --Corry Austin, Houston, Texas; corry@sbcglobal.net; **Kenai Explorer**

“Geoff, I agree whole-heartedly with Corry. BCO had another great trip to Alaska with Get Up & Go. I think we all wished we could have stayed longer. Brad did a great job. We all enjoyed his company and were thankful for his flexibility... BCO will most likely be back again next summer. I'm favoring the Arctic trip for next time.

–**Carol Bell, Director, Bayou City Outdoors**, Houston, TX; cabjewels@yahoo.com; **Kenai Explorer 2009**, private group tour

“Hi Geoff (now known as ‘Mr. Go’), Our group had a fabulous time. We are mostly hikers and really enjoyed the hiking opportunities. The other favorites were the glacier trek and the rafting. Three of our group were able to take advantage of the flightseeing, which they really loved. The lodge on the last day was perfect. The accommodations and the food were great. Their meals were excellent. The campgrounds were more than we expected. Like I said, we had a wonderful time and (are looking forward to another) trip for Bayou City Outdoors in 2009, (maybe) Kenai Explorer.”

–**Carol Bell, Director, Bayou City Outdoors**, Houston, TX; cabjewels@yahoo.com; **Alaska Ranger 2008**, private group tour.

“Hey Geoff, I just wanted to thank you for the awesome Alaska Explorer trip I just got back from. It was so much better than I imagined and I know all 11 of us in the group had a fantastic time. Also, I wanted to let you know how fantastic (our guides) Brad and Joanna were. They were a ton of fun, very knowledgeable and helpful with any and everything we needed; I can't express how happy I was with them as guides, they made the experience very memorable. I won't hesitate to recommend your company to anyone I know that is thinking about going to Alaska. Thanks again!”

–**Sanay Patel**, Wilamette, IL; sanaypatel@gmail.com; **Alaska Explorer**

“Geoff, I was on the Alaska Explorer lodge tour with Kitty (Amanda) as our guide. First of all let me tell you that she made the tour a very fun experience. Be sure to keep that girl around. Her lunches were fabulous and nutritious. It was amazing what she could put together for twelve people. I can't imagine the trip being as fun without her. She made everybody feel very comfortable doing some of the things none of us have ever tried. This was a trip of many firsts for me as well as my sister, but Kitty did a great job of instilling confidence that we could do all of it. The only regret I have is that it is over already! Keep up the good work!” –**Julie Kolosky**, Mogadore, OH; julielkol@hotmail.com; **Alaska Explorer** lodge

“Hi Geoff, (Guide) Brad is a wonderful cook, careful driver, as well as an attentive guide. I want to thank you for providing us such a great service. We enjoyed Alaska very much and would recommend your tour and Brad to others. Christina and I are grateful... and we appreciate your integrity.”–**Seok Kwee Chew**, Singapore; sukui_chew@hotmail.com; **Alaska Explorer**

“Hello Geoff, Just a short note to say we had a wonderful time on the Ranger tour with (guides) Dave and Ian. The two made a very nice working team; they were very organized, pleasant and informative. Each adventure was made even more exciting because of their enthusiasm and guidance. In addition, each meal was very yummy and unique. Give them and extra pat on the back for a job well done.”–**Sandy Piggot & Lijoy Kurian**, Houston, sandyloo118@yahoo.com; **Alaska Ranger**

“Hi! Wow! What a trip! And what a great group to travel with. We had a great time, and loved (our guide) Max. He was supportive, competent, sized up everyone's limitations and needs, etc. I've put together a little website with a journal and photos you may be interested in.”

–**Dr. Jay Ehrlebacher**, Tenafly, NJ; drerle@mac.com; **Alaska Explorer** lodge; <http://mccarthyalaskablog.info/>

“Dear Geoff, We would like to take this opportunity to thank you and your guides for a great vacation during our Alaska visit (Alaska Explorer). The people and accommodations were a pleasure, not to mention the amazing background of the wonderful ‘Last Frontier’ state. Ian and Beth were such great people to both meet and share our time with in Alaska. Their

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knowledge, guide skills and exuberance was well matched with their sense of humor and willingness to please. Please pass our appreciation for their services on to them. In short, we would highly recommend your company to anyone wanting to experience Alaska in an up close and personal way. Thank you.” –**John & Missy Tedford**, Fayetteville, AR; **Alaska Explorer**

“Geoff and (guide) Amanda, I just finished the Alaska Explorer trip, and I wanted to thank you for providing an excellent adventure. The country is absolutely beautiful, and I had a much more exciting time than I ever would have on a cruise. I also wanted to say that Amanda lent such a feeling of vitality and energy to the trip, had an honest answer to all questions asked, and kept everything flowing smoothly. I will definitely recommend you to everyone I know. Thanks again, -- **Tim Whalen**

“Danielle and I want to thank you for one of the best times we have ever had. This was the first time we tried a package tour and in no way were we disappointed. ...Matthew was the best guide we could have asked for if given the chance select our own. He was very informative of each site we visited, friendly, easy to get along with and willing to put up with us. We can only hope to someday top our Alaska Trip, but hopefully not too soon.... We hope the rest of the summer season goes well for **Get Up and Go!** and we look forward to making it up to Alaska again. Thank you very much.”

--**Jeff & Danielle Gardner**, Harker Heights, Texas; gardnerjm@gmail.com; **Alaska Explorer**

“We had a great time.... Great itinerary and John and Eric were wonderful. We felt very fortunate to have this experience and to have found your service.” –**Scott Young & family**, stay_young@comcast.net; **Alaska Explorer**

“Geoff, Just wanted to let you know the trip was an amazing life experience...Alaska is incredible. John and Tiffany were fantastic guides and I enjoyed their company. Thanks for everything.”

--**Steve Giampaolo**, New York sgiampao@optonline.net; **Alaska Explorer**

“We just got back from the Kenai Explorer multisport tour, and wanted to let you know that we had an awesome time. Matt was an excellent guide, and helped make our experience a lot of fun and comfortable at the same time. This was probably the best vacation we have had so far. Thanks again for this wonderful experience.”

--**Geetika Khanna & Anjan Bhattacharyya**, Iowa City, Iowa, via India, anjangeetika@msn.com, **Kenai Explorer**

“Ciao Geoff, we are came back in Italy.....unfortunately!!! I want to say to you that we all enjoyed the trip and all the activities, we appreciated that every things we’ve done was exactly as wrote on the paper material. It was a fantastic experience for me, Cristina, Guido and Anna, we loved the awesome Alaska and its marvelous nature and places. If we are so satisfied about our holiday the reason is.....Marci. She was, nice, gentle, accommodating and ever friendly, we felt at home every time, she paid attention that every people was ok. Thank you very much, ANDREA ROSSETTO”

--**Andrea Rosetto & family**, Italy, **Alaska Explorer** Lodge tour

“Highly recommended... add us to the list, we’re happy to praise!”

--**Cindy Vong & Rockson Liu**, Canadians in California, vong009@hotmail.com; **Mountains & Glaciers**

“Geoff, Just wanted to say, thank you very much for all your help in organising my trip through Alaska. The tour was amazing!! Both your guides Dave and Jen were fantastic!!! Cheers” –**Amy Debelle**, Australia, adeb7241@mail.usyd.edu.au

“Dear Geoffrey, Just a quick message to commend your staff, (Marci and Jed) for the wonderful role they played on the tour. Their tireless efforts over the 10 days, it was truly inspirational to be a part of the tour with them. To their credit they handled every challenge met along the tour in their stride. They are both truly an asset to your company. Kind Regards,”

--**Michelle Blake**, Australia, **Alaska Explorer**

“Dear Geoff, I’m writing to thank you and my guides for a wonderful trip last week on the Kenai Peninsula. The trip’s guides, Matt & Tiffany, were what made my trip as wonderful as it was. They are warm and very professional individuals who took excellent care of the group. Tiffany is a creative genius with a Dutch oven and a real inspiration; I’ve been on trips like this before and never had a woman guide, least of all one as athletic and adventurous as her. Matt is quiet, pragmatic and like the bedrock of the group. I think the group as a whole deeply appreciated them. Thanks for a great trip. Best, Amritha”

-- **Amritha Kasturirangan**, New York, NY, **Kenai Explorer**

“Yesterday I came back to Switzerland after 3 weeks Alaska.... Although everything was good, our Alaska Ranger tour

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week was the best of all! I thank you all, mainly you, (guide) Dave, for this fantastic experience!"

–**Jurg Lietha**, Switzerland, jlietha@sis.unibe.ch; **Alaska Ranger**

"Thank you for designing such a wonderful tour of Alaska. Thank you especially for assigning us with Michelle and Steve - We cannot imagine having other guides who would be as sensitive, supportive, fun and informative as they were...also, the group was a great combination of personalities! We thoroughly enjoyed ourselves ... I would gladly recommend your tour services!" –**Lorraine Goldman**, Signal Hill, California: manosfrios@yahoo.com; **Alaska Explorer**

"Hey folks, Truly outstanding and unforgettable experience! I just wanted to thank you and guides Matt and Tiffany for a wonderful 10-day journey. They were the consummate professionals and always saw to the comfort and well being and experience of all participants. Am looking forward to my next trip with you folks. Thanks again. Reginald M. Hsu"

–**Reginald Hsu**, San Francisco, CA: rhsu@pillsburywinthrop.com; **Alaska Explorer**

"Email me at gonewby@yahoo.com for details of my personal Alaskan experience of a life-time adventure!"

–**Garth Newbury**, Pasadena, Maryland: gonewby@yahoo.com; **Alaska Ranger, Mountains & Glaciers** and **Kenai Explorer**

"I don't typically do this following a trip, but this trip was so sensational I really need to let you know. Tim and I were beyond satisfied with the great itinerary, optional opportunities, and terrific planning for our 10 days in Alaska. We lucked out with the weather, and with our fellow travelers, but we felt really blessed to have Tiffany as our guide. What a hoot!! Not only was she so organized, competent, and informative, but her energy and enthusiasm were contagious. When the group went out for dinner on Sat. after we got back to Anchorage, it just wasn't the same without her :(Thanks for offering such a great way to see Alaska and having the good sense to pick such a great guide. I'll spread the word to my traveling friends. Joan Fulton"

–**Joan & Tim Fulton**, York, PA: tfulton28@suscom.net; **Alaska Explorer** Lodge tour

"I had a wonderful time, and am spreading the word to friends... Thanks! Jill"

–**Jill Strassler**, New York, NY, Jill.M.Strassler@questdiagnostics.com, **Mountains & Glaciers**

"Yes, Geoff, please feel free to use my name for a reference. I had such a wonderful time and have as much fun telling my friends about the trip. You and the other guides were a big part in making the trip a great getaway for us. Thanks!"

–**Mike Karolewicz**, Franklin Wisconsin. mmvets@ameritech.net **Mountains & Glaciers**

*"Geoff: I have been meaning to drop you a quick note since we returned from our Alaska Ranger tour that ended on September 4th so that I could convey how much I (and all of my friends) enjoyed this trip. Alaska is a magical place -- extraordinary in so many ways: the scenery, the wildlife, the people, THE CLEAN AIR (very important to this Southern Californian), etc. I am confident that everyone that was on my tour left AK feeling much the same way, and that we all really appreciated the work that **Get Up And Go!** obviously put into planning this trip.*

"I am also confident that everyone in my tour-group shares my sentiments when say that Matt Kandrick is a tour-guide par excellence, and that our trip would not have been half as successful without his efforts. Matt's enthusiasm and upbeat demeanor are infectious and seem always to be on display. It is an honor to have been a part of his last tour of the year.

"Finally, you should know that I have been talking up your touring company quite a bit since my return to LA, so don't be surprised if you see a small uptick in the number of clients you get from this region next season. In the same vein, please feel free to use my name as a reference for prospective customers who have any questions, and also to give them my e-mail address or phone number (323-850-7387). I'd be glad to share my experience with anyone contemplating going on this trip in the future.

"Take care, thank you, and hope to see you again!" –**Bryan Bourbin**, Los Angeles: bbourb@pacbell.net; **Alaska Ranger**

"Hi Geoff, My husband Don and I did the Mountains and Glaciers tour the last week in July. I have been meaning to tell you that we thoroughly enjoyed our vacation in Alaska. I keep telling everyone that it was my best vacation ever. I also keep passing along the www.getupandgotours.com link for those people who seem interested in traveling to Alaska. You and Suzie were fabulous guides and I am still amazed by your cooking skills! Thank you so much for a wonderful Alaskan vacation."

–**Katie Lynch**, New Jersey: katielynch13@gmail.com **Mountain & Glaciers**

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“Geoff, Wanted you to know we had an amazing time on the trip. We could not have been happier with the entire experience. Dave and Tiffany were the best. They are truly wonderful guides and are a great team. Full of information and fun! Alaska is beautiful! Wish I could live there and hope to come back soon. I have recommended your tours to a bunch of people.... Word of mouth is your best advertiser! It was exactly what I wanted. Pauline and Joe Lombardi”

--Pauline & Joe Lombardi, Holliston, MA: pmlombardi@yahoo.com; Alaska Explorer

“Great trip, great guides, great place, thanks again. By the way, I’m coming back for more next year.”

--Scott Feldsher, San Diego, CA, scottallan@cox.net

“I had a really great trip with you in Alaska and would be happy to recommend it.”

--Evelyn Kaye, Boulder, CO: epkaye@msn.com

“Hello Geoff, Thanks again for the great trip over July 4th I had an amazing experience. I’ve sent my pictures to lots of folks and I think they’ll be contacting you next year! I would absolutely be willing to be a reference – your company did an awesome job. And frankly, if someone with no experience like me can survive I think that’s just awesome. Thanks!”

--Tracy Pallas, New Jersey, tapallas@yahoo.com, Mountains & Glaciers

--Brenda Rodriguez, Palatine, Illinois, bmrconsulting1@yahoo.com, Alaska Explorer Lodge

“Dear Geoff, I should admit that I was very hesitant to sign up for this tour but it was surprising to me how wonderful a trip could be with people I didn’t know from before. Both Tiffany and Dave were wonderful, very knowledgeable, motivating, fun and respectful. I had a chance to see Alaska from a wonderful perspective: the weather and food were great, hikes, kayaking, rafting, glacier hiking, ice climbing were a great experience. I thought I should not forget writing to you and congratulate you for the great work. Wish you the best luck. Big smile, Elif Unal”

--Elif Unal, New York via Turkey, elif.tb@gmail.com, Alaska Explorer

“I just returned from a ‘Camp and Cabin’ (Alaska Ranger) tour with Matt. I want to let you know how great he is... I’d do another tour with him as guide. The trip was more than I expected. Just when I would think that things couldn’t get better, they did. GREAT TIME!!” --Margie Bonazzola, Solvang, California, mbonzzola@aol.com Alaska Ranger

“I have to thank you for making this amazing experience possible!... I’m happy to spread the good word...anyone who wants to really experience Alaska has to check out Get Up and Go!”

--Rana Salzhauer, New Jersey: raindrop014@yahoo.com; Mountains & Glaciers

“To Everyone at Get Up and Go, This is on behalf of my husband, Mike, and myself: THANKS!!!!!! We had a great time on our trip! Also, extra kudos to Tiffany and Matt for all their hard work and knowledge. Thank you for all the memories and hope to see you all again real soon!!!!!!”--Julie Kosobucki, juliekosobucki@yahoo.com Mountains & Glaciers

“Hi Geoff! Thank you for organizing such a wonderful adventure and assigning Matt to our group. My husband I LOVED the trip! I also enjoyed just meeting some Alaskans and learning more about the culture, lifestyle and challenges.

“The trip and Alaska will be memorable! All aspects of the trip were well-organized and fun, with flexibility added in (to respond to different fitness levels, energy and interests!). I was especially pleased at the capacity to address the dietary needs of the vegetarians in the group, and especially welcomed the diversity of landscapes and lodging environments. All of our guides on our multi-sport adventures were superb!

“This was definitely a treat for us and I'm glad we didn't wait until we retired to do it! It was so much more fun to physically experience, as well as visually experience Alaska in its glory and challenges. We will save our money again, and participate in another tour with Get Up and Go! Keep us posted!

“(Potential new client recommendations?) ABSOLUTELY!!!! I've already recommended your group to 5 people! Geoff, from the very beginning of my initial contact with you through the end of the tour was a pleasant experience. Please keep us on your e-mail list for future trips, etc. We're beginning to save again for some future adventure! Best wishes on your continued success!!!! Thanks again! Brenda and Greg” --Brenda & Greg

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“Hi Geoffrey, Just sending a note to tell you how much I enjoyed the trip with Ian. Ian did a terrific job as guide and his cooking was fantastic. I had been to AK 3 times because we have a daughter and family who live in Homer and thought I had seen a lot of AK. The stay at McCarthy was exceptional!! My favorite was the glacial trekking with Mike.... It was a great trip and I would recommend Get Up & Go Tours to anyone. Warm regards from the Midwest!! Keep up the good work. Hello to Ian if he is still around, he may be back to the real world now waiting for next year.”

--Nancy Gorman, Illinois; bngorman@aol.com; Alaska Explorer

“I am so glad we found you on the internet! Thanks for adding to our 25th wedding anniversary celebration and memories!! We are so appreciative that you sent Dave on this trip with us. The trip was/will be memorable! Dave is great and the trip was fabulous!” --Sue & Dave Sidaway, suesidaway@comcast.net; **Alaska Ranger**

“Geoff, Ketaki and I ... wanted to take a moment to thank you and your company for a WONDERFUL trip. I have been on many trips in the past, in fact I guided trips in college and have seen quite a variety of guides, itineraries and planning. Tiffany did a superb job. There is no way to give adequately sum up her energy, enthusiasm, love of Alaska and the outdoors but she made the trip for all of us. The group dynamic, weather, day trips, hikes, food and good times will stay with both of us for a long, long time. We look forward to our next visit up north and hope that we can do a trip with you all in the future. Highlights of the trip, for us, were of course Denali, kayaking and wildlife but we were especially captivated by McCarthy and its residents. Now that is a part of real Alaska that most people never get to appreciate.... Thanks again for a fantastic 10 days and the adventure of a lifetime.” --Hemant & Ketaki Vankawala, El Paso, Texas: hemantv@yahoo.com; **Alaska Explorer**

“Hi Geoff, Recently returned from the (Alaska Ranger) tour, led by Dave and Matthew. I don't know where to begin. Dave and Matthew were great! Make sure to put them down for a pay raise! From their knowledge of the land, to their cooking skills to their friendship, I don't think we could have two better people. Up before everyone, last to turn in, never a negative, always a smile, good with the jokes, really open people. You got two great people there. When I come back, I hope they're still with you because I want to be in their group.

“As you know, the weather was perfect when we were there. I was actually getting tired of seeing Denali! Just joking. Before we left, I wasn't sure about the Tangle Lakes area. I just couldn't find any info on them. Was I surprised! The hikes were very rewarding, the raft trip was a gas, the plane ride around Denali was awesome, Carlo Creek was one excellent campground, the mosquitoes were bearable, the 24 hrs of light unbelievable, the van rides were good, the group really hit it off well.

“It's still hard to put my feelings into words. Just know my son and I had the greatest vacation ever! Your company did an excellent job, thanks in no small part to Dave and Matt. Did I mention how great they are? Thanks again for putting together a wonderful experience. Did I mention that Matt and Dave were stupendous?” Greg Volker

-- Greg Volker, Petaluma, CA: volkers8@comcast.net; Alaska Ranger

“Geoff, We had a great time with you and would be happy to be put on the reference list. Thanks again for everything - we had a great time!” --Jocelyn & Barb LeBlanc, Canada; 86jleblanc@rogers.com; **Mountains & Glaciers**

“What amazing wildlife! ... We've been back home for two months now, but just writing about our experiences and looking at our photographs brings back all the adventures and memories of Alaska--the final frontier--my holiday of a lifetime.... Sensational, thank you.” --Steve Perry, England: Stephen.Perry@selex-comms.com

“Geoff, We had a great time on our tour. Matt was a great tour guide. We loved all the fun adventures. We hope to come back again and see more of Alaska. We would be happy to be added to your former clients reference list as we may well be your future clients also. Thanks” --Alice Greko, Miramar, Florida, AliceGreko@aol.com, **Alaska Explorer Lodge**

“Geoff: I just wanted to give you some feedback. I thought the trip was planned extremely well. The locations and excursions you planned were a perfect taste of Alaska for me and the kids.

“(Our guide) Matt was terrific. He was flexible, informative and willing to do anything and everything to make our trip great. I loved his ideas and feedback and the few changes we made were positive. I would be more than happy to have you use us a reference and speak to anyone who wants to know about your company. It is obvious your passion for Alaska comes through in the way you run the company.

“Anyway, I am sorry to be home, wasn't ready to leave and can't wait to come back. Thank you for assisting in creating a

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fabulous trip and fabulous memories for me and the kids."

--Vicky Fingerroot, West Bloomfield, Michigan: vfingerroot@eandeproductions.com; **Private tour**

"Hi Geoff, Thanks. What a blast. Everything was better than I had expected. Couldn't have had a better guide (Matthew). I think more than a few of my pals will be interested in going next year. And sure... refer any and all comers to me (for references). I'd be glad to do it.... Thanks again, Dave." --Dave Buschman, Weehawken, NJ: **Alaska Ranger**

"Dear Geoff: I did not know what to expect going into this vacation but I can sincerely say that this was the best, (and MOST SAFE) experience I have been on to date. Tiffany and Dave were fantastic, always looking out for the best interest of ALL members of the group. I will highly recommend your Get Up and Go! tour group to anyone wanting to experience an incredible Alaskan adventure. My experience was above and beyond what I expected and hoped thanks to Tiffany and Dave. They were both exceptional leaders, guides, and friends to us all.... By all means put my name down on your reference list. I had such a wonderful time and would be excited to tell anyone about it. Thanks again for putting together such a great trip. I look forward to another trip in the future. Thank you, Adriane"

--Adriane Kilar, Maplewood, New Jersey: AMKilar@aol.com **Alaska Ranger**

"Dear Geoff, Just wanted to send you a note to tell you how fantastic our Alaskan trip was. You did a superb job of planning a non-stop week of Alaskan activities. From the hikes to the kayak trip, you provided a well-planned and diversified schedule that kept us moving at a comfortable pace. The accommodations you booked were terrific. The meals also worked out very well. All of this reflects the mechanics of the trip. But what made our trip such a huge success was our guide, Dave. Right from the start, he assumed a take charge attitude, without taking over. He knew our schedule and always told us exactly what to expect and what we'd need for each activity. He kept us moving on schedule and made sure we knew where to sit on the bus or boat for the best views. He was extremely well-informed about Alaska and was eager to share everything he knew about the land, glaciers, roads, forests, bears, etc with us. He never ran out of interesting tidbits. He couldn't have been more accommodating. Dave bought food for our lunches based on what we asked for and went out of his way to get us what we wanted. I cannot imagine what more he could have done. Get Up & Go has provided us with an Alaskan experience that will remain with us forever."

"Thank you again for a great trip and an experience that we will all remember for a long time."

--Jeff & Linda Gass, Larry & Leslie Popkin, Dennis & Karen Reisman, Kenny & Susan Panzer, Roslyn, NY: JMGATW4@gmail.com (this group arranged a custom/private tour with us)

"Dear Geoff, Just settling in after my awesome trip to Alaska.....Wanted to let you know that your guides were exceptional !!!!!!! They made the tour not only fun but a complete adventure. It turned out to be one of the best vacations I have experienced.... Matt and Tiff were informative, experienced, and so pleasant to be around that they put every one at ease. They were fun and professional at all times. Please keep me up to date on any new tours available and I will highly recommend your company to everyone who asked about my trip. Sincere Thanks, Anne Marie Duffy"

--Anne Marie Duffy, Peekskill, NY: amdpositive@aol.com; **Mountains & Glaciers**

"IT WAS GREAT! I am happy to be put on your reference list."

--Mark Mittlestat, Missouri, gerstat@mindspring.com **Mountains & Glaciers and Alaska Ranger**

"Dear Geoffrey, My family and I recently returned from the Kenai Explorer trip. I just wanted to let you know what a wonderful time we had. Alaska is a beautiful, indescribable place to visit. Our trip would have been an amazing one just by being there. But what I wanted to let you know is that our guides, Matthew and Dusty, really made the experience special. Their attention to the needs of everyone, their concern that everybody had a good and safe time, their wonderful attitudes, all made the trip unforgettable. My two kids came along and Matthew and Dusty were great with them too. Both guides worked so well together and really seemed to enjoy their job a great deal. I can't thank them enough. I will definitely recommend your company to my friends and direct them to your web site. If you have any brochures you can send me, I would love to show them to people."

"Thanks again for the wonderful experience and please give Matthew and Dusty our regards, Sincerely, Andy Meyer and Family (Valerie, Jusitin, and Kelcie)" --Andy Meyer, Culver City, CA: AMeyer321@cs.com; **Kenai Explorer**

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“Hi Geoff! I just wanted to tell you that I had a WONDERFUL trip this summer! First of all, your website was very helpful and compared to the others sites that I visited I found yours to be the most accessible and most appealing. All the information that you mailed to me prior to the trip was extremely helpful and thorough. Your 10 day package was perfect for me. I felt fortunate to see as much as I did. It was the kind of trip where every day just got better and better!”

“Secondly, I wanted to tell you that I really appreciated all that your guides did for us. Matt and Tiffany really worked well together as a team. They were always conscious of our needs and both were full of knowledge and facts about Alaska. I credit my amazing experience, to their professionalism, skills and definitely, their personalities! Not to mention the fantastic meals :-)

“I love to hike and was not sure that I would want to do the multi-sport package but I was so thrilled by each experience and it really added to the adventure!”

“When people ask me about your trip, I always mention **“Get Up and Go! Tours”**. In fact, when I was leaving Anchorage, I was telling the ticket agent at the airport all about my trip. She asked all kinds of questions and she said she would look into your company. I think that says a lot about your business, if people are willing to “toot your horn.” :-) Thanks again and if I ever return to Alaska it will be with you guys :-) Sincerely, Christine Fitzgerald”

–Christine Fitzgerald, Middleboro MA: CFitzrun2@aol.com *Alaska Explorer*

“Geoff, I LOVED my Alaska vacation with Get Up and Go. It was everything I was hoping for and more. The guides were the best; Matthew and Dave were informative, fun, and flexible to the needs/wants of the group. Highlights? Hiking the Bonanza ridge with Matthew and an impromptu flight around McKinley. The kayak day was awesome. All the activities (glacier trek, river rafting) were new experiences and fun. It was 10 days of saying ‘It just doesn't get better than this.’ Thanks for a great tour. I also appreciated the perfect weather you ordered for us.”

–Bonnie Timm, Seattle, Washington: *Alaska Explorer Lodge*

“Thanks again for a wonderful trip, I can't even begin to describe how much I enjoyed everything... The hikes and activities were awesome, especially the ice climbing! I will definitely return and do another trip.”

–Dave Corteville, San Francisco: davidcorteville@hotmail.com

“Hi Geoff, Well, everyone in San Diego now thinks I work for Get Up and Go! Tours, because I just cannot stop talking about the incredible experience I just had on my trip with you! Incredible! Everything was well beyond my expectations. I just cannot shut up: it's great! I felt like a kid again out there, in the wild, without cell phones or computers or the modern world, **enjoying life!**”

“Thank you so much, I will be back!” –Russell Hart, San Diego, CA; *Alaska Explorer*

“Hi Geoff, My husband David and I just returned from the **Alaska Explorer Lodge** trip run by Matt. We just wanted to let you know that our trip was a total success and we enjoyed it very much. Matt is personable, knowledgeable and a delight. His enthusiasm is contagious and he was very detailed oriented which helped our trip to run smoothly. We were very impressed with the outfitters that you have chosen to run the “extra curricular” activities which for us included, river rafting, the flight from Chitina to McCarthy, the glacier walking and ice climbing and finally the sea kayaking. The accommodations were more than adequate and we particularly enjoyed Ma Johnson's in McCarthy (the McCarthy Lodge), which was my favorite.

“We wish you continued success in your endeavors. You run a wonderful company and the people that you choose to represent you during the trips are truly well-chosen. We are now in love with Alaska and hope to return again some time in the future You are welcome to use us for your reference list. We may see a kayak trip in our future so keep up the good work! Sincerely, Emily Davison” --Emily & David Davison; Guilford, CT: emcooks@yahoo.com *Alaska Explorer Lodge*

“Geoff, the trip was awesome and I am pretty sure we wouldn't have changed anything for the things we did and the places we stayed. It was beyond our expectations. Shaun did a great job and he was a perfect match for our family. You did a phenomenal job in setting up the trip. It was the best vacation we have ever had since we started doing our family adventure vacations with our kids. I would highly recommend it to anybody and you are welcome to use as a reference.

“Alaska in itself is awesome and breathtaking. Everything from the sky, mountains, glaciers, and water is incredible. Probably the highlight was the Glaciers in Seward. Particularly the glacier cruise we took. All the places we stayed and the

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people who you work with at the different activities/hotels were excellent. Thank you so much. ”

--Jim Barber and family, Indiana: jbarber221@yahoo.com. Private Family tour

“Dear Geoff, I have just returned from an amazing Alaska adventure with your tour guides, Matthew and Dave. I must tell you that ...your team was encouraging, informative, and down right FUN! I will definitely recommend and return to Get Up and Go! Tours for future outings! Sincerely, Valerie Ann Polk”

--Valerie Polk, Savannah, Georgia: valpolk7@yahoo.com **Mountains & Glaciers**

“I'd be more than happy to serve as a reference. I had such an awesome time and certainly did things I never imagined I would. Matthew and Dave were excellent guides, and I had an opportunity to go "extreme" with both of them on two separate hikes. It was definitely a trip of a lifetime.” --Paul Bradley, Toronto, Ontario, Canada: pjbto@yahoo.com **Alaska Explorer**

“Hello Geoff! I had a wonderful time on the trip to Alaska. Despite my young years I consider myself a seasoned traveler, and that vacation was definitely one of the best. I trust I will have the opportunity to visit Alaska again, and I will most definitely use your outfit! Not only was I astounded by the scenery, I was dazzled by the knowledge, energy, and dedication of your guides, as well as the destination selections. I am spreading the word to friends and family this very moment!

“Thanks for giving me the opportunity to view Alaska in the best way possible. Good luck with the future of your already fantastic company! Sincerely, Merisa. PS. Just to let you know, you can definitely put my name and contact info on the reference list! I would be honored!” --Merisa Titlow, Boston University: mtitlow@bu.edu **Alaska Ranger**

“This was by far the best vacation we've ever taken, and we can't wait to return for another one with you; thank you so much, great job.”--David Camitta, Bronx, NY: dcamitta@yahoo.com

“Geoff, I just wanted to let you know that I truly enjoyed my recent trip to Alaska with Get Up and Go! The itinerary was great and fit the needs of a very diverse group. I will make sure to recommend your company to other friends and colleagues headed to Alaska. Also, I wanted to let you know that Dave and Matthew were our guides and definitely added to the overall experience. Their enthusiasm, knowledge and love for Alaska was infectious. Also, their patience with such a diverse group was key to making this a great experience. Thanks again. Rebecca”

--Rebecca Carlson, Dixon, California: Rebecca.Carlson@ev.com. **Alaska Explorer**

“Now that I am home I can't help but wonder if I will ever recover from the trip of a lifetime. The hard work, preparation and planning that you put into the trip was just magnificent, congratulations. I had an absolute ball and my only reservation about doing it all again would be that it would never ever be as good as the first time!”

--Dudley Chignall, Essex, England: dudley.chignall@ukgateway.net Tel. (UK) 01376 – 516708

“We spent 10 unforgettable days on the Alaska Explorer, Camp & Cabin tour. The landscape was breathtaking and our guides were very good. Our highlights were the kayaking trip in Valdez to the glacier as well as the trip into Denali N.P. where we saw a lot of wildlife. The whole trip was awesome and we hope to go back one day. I heard from Barbara that she liked the Kenai Explorer tour she took after our trip very much, and that she saw a lot of wildlife like bears, whales etc. So that would be a trip I could imagine doing next time. In the meantime, I'm glad I can recommend your tours as I know that people will have great guides and very well organised trips. Thank you!”

--Jacky Buechli & Rolf Binder, Switzerland: jackybuechli@yahoo.de, rolf.binder@bluewin.ch, **Alaska Explorer**
(Jacky also traveled on a tour in Mexico that Geoff guided in 1996)

“Again words cannot express my thanks for making this a truly memorable experience and one I wish to repeat. I know how important word of mouth can be and I have a big mouth. heck in the security line in the airport at least 3 people wrote your name down. Thanks so much again and I hope to be in contact in the future for my next adventure! Dauryne”

--Dauryne Shaffer, Baltimore, Maryland: Minniешaker@aol.com **Alaska Family Explorer & Alaska Explorer**

“Hi Geoff, We just returned from our hiking trip... so it is time to explain to you why we decided to get up and go and how we feel about the adventure. From the very beginning, I liked the name of the company, therefore I called you to find out about

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the trips. Then it was something in your voice (probably energy and true enthusiasm) that persuaded me to choose your company. Then we met Matt, Tiffany and the group.

"Before going into the details about our trip, I would like to let you know that we are pretty experienced hikers (and have) traveled with different companies domestically and abroad. Geoff, you are deserving a very high mark for the way you are managing the company, selecting your guides and hiking trails.

"Though we went on a cruise to Alaska about 7 years ago, we fell in love with it after this trip with you. We believe that it happened not only because of the beauty of the mountains and glaciers but because of Matt and Tiffany. They are intelligent young people who were sharing their devotion to Alaska with us. We saw that it was not easy to deal with all additional optional activities and kept the regular hiking schedule to please all group members, however Matt and Tiffany managed it perfectly well. Finally, we started to believe that they arranged somehow (?) the gorgeous weather for us.

"Probably the only negative thing that can be mentioned that I gained a few extra pounds due to delicious meals they were serving every day of our trip. Thank you Geoff! You and your people are doing a very professional job. Good luck and all the best." --Bella & Ilya Fishman, California: bella.fishman@varianinc.com, **Mountains & Glaciers**

"Hi Geoff. We wanted to let you know how well we fared on our two weeks in Alaska. For a couple of old folks, we tried almost everything, and Matt, Matthew and Tiffany gave us a perfect balance of encouragement, judgment, and assurance that yes, we could do this, and maybe a little more, too. So we camped, hiked (not as fast and not as far as the 20-40 somethings), rafted, kayaked, rode, glacier walked and had a fantastic time. Congratulations on having a great tour setup, really wonderful guides, and a perfect list of what to bring--it sure worked for us. We'll be glad to have you refer anyone to us -- especially someone who wonders if they are "fit enough" to do this! And by the way, Joe gained five pounds on the wonderful food, and because I wanted to, I lost two pounds (just by asking for a less generous portion -- and I still ate the deserts)! We called our daughter, Evelyn (who traveled with GG! previously and recommended the trip to her parents), from Valdez just to say 'Thanks!' for telling us you could make this work for us. Lois and Joe Kofler, the 60-somethings from North Carolina."--Joe & Lois Kofler, NC: jlkofler@brinet.com, **Kenai Explorer** and **Mountains & Glaciers**

"I would like to thank you and our tour Guide Dave for a truly remarkable holiday. We had a tremendous time and have been very impressed by the efficiency and professional approach by your organisation. Dave looked after the two families extremely well. The 4 adults are now tempted to come back for a trip in Wrangle St Elias..... We would definitely recommend get up and go tours to others. With best wishes, The Wilkie Family."

--Dr. Veronica Wilkie and family, England: veronicawilkie@doctors.org.uk; **Alaska Family Explorer**

"Hi Geoff, We'd like you to know that we usually travel alone and had some hesitation joining a relatively large group. We also looked at many travel options, including traveling (on our own) by RV/staying at lodges/cruises/ etc. After experiencing your land tour we can say that we made the right decision. We really had an excellent time, and we feel like we got a good taste of Alaska....

"Both of us thought our guides Matt and Tiffany did an excellent job. They complimented each other well, and worked well together. They had good answers to all of our questions, were flexible to our needs and the others, and handled difficult situations with certain other members of the group in a very mature manner. They simply made us feel welcome from the beginning of the trip till the end, and we think they were a big part of why we enjoyed the tour as much as we did.

"We hope that all of your endeavors are as successful as your tour business. Best of Luck. Bill and Carol"

--Carol & Bill Gaggos, Royal Oak, Michigan: cgaggos@hotmail.com **Mountains & Glaciers**

"You cannot go wrong with Get Up and Go Tours! My husband and I are semi-outdoorsy type people; we like being outdoors during the day and also enjoy our comforts at night...surprisingly though, camping was great. We sat around the fire at night with our newly made friends and enjoyed stories while watching for the Aurora Borealis. Our guide Geoff prepared some unbelievable campside meals. We made some life-long friends through this trip, bonding over the mealtimes, and during the outdoor activities. And we didn't even go (on the trip) to meet people...that ended up being an unexpected bonus!

"You will hit all of the hot spots without a lot of crowds...The driving time was minimal and was very interesting thanks to stops at scenic locations for lunch and short day hikes. (Our guide was) an excellent manager of people and seemed to know where his clients wanted to hike, what they wanted to eat and when they needed a break! Our group actually went to an end of the year party with the locals in the very small and remote town of Kennicott, AK. It was great fun! You will see plenty of

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wildlife. Go whitewater rafting as well as on a glacier hike. This was my favorite activity. We hiked to the top of the glacier and a sled dog greeted us with enthusiasm...I was fascinated because we had no idea where he came from! ...

"We're happy to talk to as many potential clients as you can send us, because we have nothing but good things to say about you and your company. We'll never forget our trip to Alaska with **Get Up and Go! Tours**, and hope very much to return again some day." --**Suzanne & Jayme Cardwell**, Texas: Tdibrooks@aol.com; (512) 863-7254; **Mountains & Glaciers**

"We were 100% satisfied... From the initial planning to taking care of the smallest details and your flexibility -- should we want to take a trip again, you'd be the one to call." --**Peter Cornelius**, Santa Cruz CA: peter_cornelius@compuserve.com

"Thanks so much for a great Alaskan experience. The lodges and activities were all well-chosen. Our guide, Matt, was well-informed, helpful, considerate and lots of fun. We could not had such a rich travel experience without your program."
Ted & Ann Lebrecht, Indiana: **Alaska Explorer Lodge**

"Geoff, Thank you for a splendid, adventurous week. Everything you promised came true and even more. Thanks for your kindness, knowledge, and giving us so many wonderful memories!"

--**Sharyn, Joel, & David Budnetz**, Forest Hills, New York: crabbymama51@hotmail.com

"Thank you for a wonderful trip. We had a blast. We look forward to our next trip with you."
--**Stephanie Shum**

"...excellent time! kick ass! a mad mind-bending ... conversion of the old neuro-hardware/urban despair!! a truly amazing experience... put me on your reference list." --**Dave Rosenthal**, Manhattan, New York: dmrosenthal@verizon.net

"This trip to Alaska was a blast for us; we had a wonderful time, like living a dream (in the daylight)! We were such an organized and helpful and friendly group. I want to thank Geoff for organizing a great tour and giving us so much interesting information. I feel like I've read so many books about Alaska, but it was only "Geoff-encyclopedia." A lot of thanks to Geoff and Nick for keeping us alive and healthy! Keep in touch guys, and let's have a reunion!!! ... You certainly can use our names as references. It would be our pleasure to refer your business to other people. You did such a good job for this trip and we are certainly looking into new adventures with you!"--**Natasha & Bola Stojanovich**, Aliso Viejo, CA; **Mountains & Glaciers**

"Dear Geoff, YES, I'd be happy to be a reference. Any of these gems you want to use in any advertising or notices, etc. is fine with me. And for elaboration, people can email me and I'll respond quickly. Geoff is/has/does:

- **"Alert to each individual's needs/ preferences.**
- **"Flexible in scheduling and in the pace of activities.**
- **"Cheerful, optimistic, polite, thoughtful.** His manner created a kind and gentle and happy and relaxed tone for the entire group of individuals and couples that made up each of the two trips we went on.
- **"Each of the two groups we traveled with was so diverse that I am convinced that Geoff could teach an old-fashioned one-room schoolhouse and everyone would learn and cooperate and enjoy the experience.**
- **"Honest: what he promised in his website and printed materials is exactly what he delivered.**
- **"Good clear directions both in the advanced preparation sheets he sent and in the daily explanations (morning and evening) of what the coming day's activities and options were.**
- **"Keeps to the schedule printed in advance (where we could be for each day, and how long each activity would last), yet still flexible.**
- **"The food was incredible: Healthy, Delicious, Varied, Fresh, Multi-course meal every evening! Geoff and his assistant are gourmet chefs and cut no corners, with fresh salad every supper, fresh cooked vegetables, fresh fish cooked over the fire several of the suppers, fresh-baked desserts. A few nights we ate at local small restaurants, carefully selected to provide some local color at a reasonable price.**
- **"Gave very clear instructions for safety and sanitation during life away from "civilization"; looking out for the best experience both for each individual and for the entire group.**
- **"A fairly constant oral stream of information about History, Geography, Plants, Animals as we traveled by van and on foot.**
- **"Well-supplied with various field guides to plants, animals, geology, etc.**
- **"Offered frequent suggestions for additional reading on various topics about Alaska.**

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- *"All the campsites and lodging and eating places that he reserved or recommended were excellent; his advance work took the usual uncertainty and decision-making-while-tired-and-hungry out of camping.*
- *"The same for the extras (canoe, kayak, whitewater rafting, glacier walking): Geoff had done the advance work of scouting and selecting excellent guides and local outfitters.*
- *"Attentive to our suggestions/observations about which parts of the trip were most enjoyable, as well as a few suggestions for improvement. Never defensive. The phrase from Chaucer comes to mind: "and gladly learn and gladly teach" fits Geoff just right.*
- *"Well-prepared: food, equipment (tents, cooking utensils, first aid), advice, suggestions on how to traverse difficult terrain.*
- *"Attentive to quality and value, and not selfish: Why are the prices so cheap you ask? Geoff Downes is one of those rare Americans who knows what is important in life: getting rich is not the goal!*
- *"It was a pleasure to meet Geoff and spend the 16 days with him. He lives a life away from the clutter and waste and haste of "civilization" and he gave us a lasting taste of how good life can be.*
- *"And now to close with what I said as we parted: Thank you for a delightful experience. Peace, and Happy Trails"*

--Peter Hruschka, Ada, Ohio phruschka@earthlink.com phone: 419 634 5405

"I'm happy to recommend Get Up and Go! Tours. I did a hiking/camping trip last summer, and it was a memorable time. Geoff was great at bringing the group together and appreciating everyone's interests and desires for the trip, and we all got the challenging hikes and relaxation we wanted. He also knew Alaska intimately and shared his knowledge and love for the land at every opportunity. He knew the flora and fauna and human history, and loved to hike. And he was great at noting everyone's abilities and providing optional activities for all.

"Highlights for me were (kayaking up to) the Shoup Glacier, glacier walking in McCarthy and whitewater rafting in Denali. All the hikes were spectacular-- the Worthington Glacier stands out, and all the campsites comfortable and scenic. Geoff was also a great cook, and we ate like kings. At times we joked that it should be called Get Up and Go Eat Tours!! We packed in a lot of activities and viewing, and I always felt lucky to be with Get Up and Go! rather than on my own or on a package tour-- it is the best of both worlds. I hope you have a chance to go to this very beautiful and moving land."

--Sarah Golden, San Diego, California: crndpt@cox.net

"We would love to come back and do another tour—in fact going back to Alaska is practically all we have talked about since we got back! We look forward to hearing from you when you have details on the tours for next year."

--Mike Dixon & Stacy Pargett, Kentucky Dixon@lexmark.com or spargett@lexmark.com

"Dave and I recently looked at our photos from Alaska and we definitely rate that trip as one of the best we've ever taken! We consider ourselves so very lucky to have found you!!!! We would love to travel with you again some day, so please do keep us informed of your trips." --Carol Pasternak, Aspen, Colorado: carol@ski.com; tel. w) 970.925.9500 x319, MST

"Hey boys, in writing this letter I could not help but remember my fearless, Alaskan guides, who braved (it all) to assure us a great time! You are truly the ultimate campers! Thanks again for a wonderful vacation, you guys put together a great trip, which I for one intend on repeating. I will certainly recommend you guys to anyone! It was a lot of fun! Best Wishes."

--Alejandro Bates, Palm Beach, FL; abates11@adelphia.net

"Geoff, My dad and I had a great time discovering Alaska with you! We came back with the pictures, which have already impressed all my coworkers...Of course feel free to give our address/phone number to your future customers! We will certainly tell them about the great food (and everything else!)... Thank you again for your patience and dedication."

--Marianne Perben, Springfield, Massachusetts, mperben@hotmail.com

"Geoff, I really had a great time on the trip, and I'd be happy to speak with anyone who has any questions. Hope all your future trips go as well as ours did!" --Michael Reilly, NYC, tel. (201) 792-9883

"Peter and I have such good memories of our trip with you and the groups last summer. I even got some recipes for salmon off the internet and serve that as one of my favorite for guests after our great feasts in Alaska. I hope your touring business is doing well as it greatly deserves." --Judy Hruschka, Ada Ohio, jhruschka@netscape.net

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--Peter and Kathleen Golden, Volcano, Hawaii, Volcano Rainforest Retreat (<http://www.volcanoretreat.com>):
volrain@bigisland.net, 808.985.8696, Hawaii Standard Time

--Paul Freedman, Columbus, Ohio; pmfreedman@cmhmetro.net

--Michelle Hua: michelle_hua@yahoo.com, 1.734.834.7281

"It's a pleasure to recommend you." --Ken Watson, England; boater@kenw.worldonline.co.uk

"What a fantastic trip! I had such a fabulous time... After having experienced Alaska, this civilized society stuff is downright depressing. The best I can do is develop my photos, torture others with them, and save up my money for my next trip.... I'm definitely happy to give you a great reference!"

--Evelyn Kofler, Jamaica Plains, Massachusetts, evelyn.kofler@simmons.edu, tel. h) 617.983.2487, w) 617.521.2669; CST

--Dr. Dave Oxman, Philadelphia, Pennsylvania: doxman2001@yahoo.com

"The highlight of my entire vacation was the 'hands on' experience with you and the group in Alaska. It was truly an adventure, and would have to be ranked right at the top of my favorite places and trips I've taken. I hope to travel with you again on one of your future tours. Thanks for a great time." --Eddie Brower, Secaucus, NJ: edward.brower@pseg.com

"Thank you for organizing a great trip. I enjoyed it a lot. If I visit Alaska again in the future I definitely will join (one of) your tours, and I will certainly recommend you to my friends. Thanks for a great experience."

--Ringo Moon-ho, Univ. of Illinois, Champaign

"Thanks again, (it's) definitely on the top of my list of the best trips in my life. (My brother, sister, and I) really enjoyed all the hikes.... I miss listening to your talks, and definitely miss your cooking! I can only pray that I get to go back someday."

--Henny Muktijwaya, Solo, Indonesia; ***Mountains & Glaciers***

"I'd just like to (tell you) what a blast I had on the tour. Everything was great! (Alaska) blew me away! Thanks again for a great trip." --Bob Gunza, Elmwood Park, New Jersey: zooomn@hotmail.com, 201.794.6443, EST

"I wanted to let you know that we had an absolutely wonderful trip and would love to help you out by having our names put on your previous client list. Thanks again." --Karen & Kevin Doyle, New York (Alaskan honeymooners) ***Alaska Ranger***

"I want to thank you for the wonderful time that my wife Diane and I have had, on your Alaska Explorer Lodge Tour.... It was a great tour hosted by Dave and Mathew, who both made this tour extra special, and did a great job. They were both very friendly and discussed day to day events, and options that we could take in a very good way... Yes, we really, really, really did have a great time. We are going to have good memories of this trip for a long time. Thanks again, John and Diane."

--John & Diane Lucas, Oxford, Connecticut: jlucas01@snet.net, or dllucas58@snet.net; ***Alaska Explorer***

"We had a great time and want to thank you for organizing a great trip. Bob did a superior job of taking good care of all of us. Bob even took the time to think of buying our son Daniel a birthday "pie" on Sunday when we would have thought he would have been relatively anxious to call it a day (or trip)! We would be happy to be references. Best wishes, Lee and Jayme"

--Lee & Jayme Olitzky, Arizona: leeZky@comcast.net ***Alaska Family Explorer***

"Hi Geoff, Just got back today and wanted to let you know we had a wonderful time and enjoyed things immensely, thanks to your efforts. The trip was one of the best we ever took, and you helped make it that way... The lodges were wonderful, clean, beautifully set, and the owners were most friendly and cooperative. The outings you arranged for us were well worthwhile and enjoyable. The people we met were well learned and expressive: really nice people... I especially commend you on the thoroughness of the itinerary, it made everything very plain and easy to follow, and was very informative and enjoyable to read. All in all, a very good trip. If you need a reference please call on me, Zvi."

--Zvi Herschman, Hempstead, New York: hesh346@juno.com (Zvi and his family took a self-guided, custom-designed tour

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that we arranged for them).

“Hi Geoff, I just want to send you a quick note to tell you how great my trip (was) this year. The guides did an awesome job. and I'm pretty sure my three other friends had a really good time. We laughed a lot!

*“Everything was well organized and the food was excellent.... The schedule was just perfect: active and relaxing at the same time. I really liked the daily hikes and all the time we had in the evenings to hang out. Also, I really appreciated the short driving hours. In my opinion, **Kenai Explorer** was the best week I had among the three I spent in Alaska (with you). The stay at the resort in the last two days was a good idea to end the trip.*

*“I came back in NY refreshed, relaxed and really happy. It was good vacation....Thanks, and I hope **Get Up and Go Tours** will continue for a long time.... Elise”*

*--Elise Maguire, French Canadian in New York; **Alaska Ranger, Mountains & Glaciers,** and **Kenai Explorer***

*“Hi Geoff, ...Wade and I had a wonderful time on our first trip to Alaska! We were very pleased with all the activities, food and accommodations. The weather was very nice too! Last but not least, Dave and Max are very knowledgeable guides, courteous, fun and helpful. We want to go back soon for more trips with **Get Up & Go! Tours.***

*Best regards,” --Dana Joachim-Motoc –Minneapolis, Minnesota, danamotoc@gmail.com; **Kenai Explorer***
